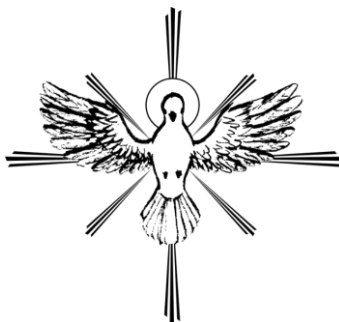


Sacraments of 1st Reconciliation, Confirmation and 1st Eucharist Student Notebook Year 2



Fall 2025 – Spring 2026



Sacraments Candidate Name _____

"I have competed well; I have finished the race; I have kept the faith." (2 Timothy 4:7)

Parish Mission - We, St. Scholastica Catholic Parish, follow Jesus Christ and His Church in obedience to His command: "Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the holy Spirit, teaching them to observe all that I have commanded you." (Mt 28:19) Grounded in the eternal love of the Most Holy Trinity, we evangelize the people of Erie Colorado, revealing the Kingdom of God on earth as it is in heaven!

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Your Notebook Overview

The notebook is designed to help you prepare to receive sacraments this year! Inside you'll find the following:

1. Paperwork checklist – a list of all of the paperwork that needs to be submitted for you to receive the sacraments
2. Interview checklists – a checklist that Father or the Deacons will use when you participate in an interview. First Reconciliation candidates will participate in 1 interview, and Confirmation 1st Eucharist candidates will participate in a minimum of 3 interviews which are referred to as “encounters.”
3. Weekly Practice of My Faith Expectations – lists the expectations for demonstrating with your behavior that you know the materials. Since practicing the faith, is the imitation of Jesus and Mary, elements of the theology that is being learned is incorporated into behavior expectations.
4. Study Materials - weekly lessons are included, and each lesson has supplements which will be attached to the page as the lesson is prepared each week.
5. Required Paperwork – paper work required for the Sacraments
6. Appendix – the Archdiocesan learning Objectives.

Preparing for the sacrament at home:

To accompany and supplement your in-class learning, at home you can access the Our Lady of the Rosary Family Catechism (OLRFC), [click here to sign-up for a free account](#). Each lesson contains a video and a packet that consists of the Baltimore Catechism questions and lesson activities. To skip ahead a lesson, advance the lesson video to play the last second or two, then answer “yes” to all the quiz questions. Please note that the Cardinal Virtues are not explained in the videos. For these and all elements please refer to this notebook when preparing for your interview. The following interview check-off list indicates which OLRFC lesson to view and study for each piece of the required theology.

Additionally, all families should sign up for a free account on Formed.org as it has saint stories, podcasts, eBooks, and music that match the curriculum. You can sign up here: www.stscholasticaerie.formed.org, click signup/login, enter “St. Scholastica,” enter your name, email address, and desired password.

Check-off Lists

1st Reconciliation Required Paperwork Check-off List

Please submit the following to the Family Faith Formation Director:

Encounter	Paperwork	Description
Paperwork due by Thanksgiving	Registration Paperwork	On the website under Faith Formation, Registration, Family Faith Formation (https://www.stscholasticaerie.org/family-registration/)
	Baptismal Certificate	Request from the parish where you or your child was baptized. If you were previously baptized at St. Scholastica, please indicate this

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First Reconciliation Encounter Checkoff List

Theology	OLR Lesson	Date Achieved
God's Attributes	1	
5 Steps of Lectio Divina	n/a	
Bible Basics	n/a	
✝ Original Sin	5	
✝ Imperfections	5	
Vices or Seven Deadly Sins	5	
Mortal and Venial Sin	6	
Sin	6	
Grace, sanctifying grace, and actual grace	10	
The cardinal virtues	10	
The theological virtues	10	
The Sacrament of Holy Orders	17	
Act of Contrition	18	
✝ Examination of conscience	18	
Corporal and Spiritual Works of Mercy	19	
The Sacrament of Reconciliation	19&20	
Know: Our Father, Hail Mary, Glory Be, Sign of the Cross	28 (also 1&2)	
Prayer from the heart	28	
Ten Commandments	29	
The 1 st , 2 nd , and 3 rd precept	35&36	

✝ Only tested in the Sacrament of First Reconciliation (other theology is also tested in the sacraments of Confirmation and 1st Eucharist)

Confirmation / 1st Eucharist Required Paperwork Check-off List

Please submit the following to the Family Faith Formation Director:

Encounter	Paperwork	Description	Received
Paperwork due by the 1 st Encounter	Registration Paperwork	On the website under Faith Formation, Registration, Family Faith Formation (https://www.stscholasticaerie.org/family-registration/)	
	Baptismal Certificate	Request from the parish where you or your child was baptized. If you were previously baptized at St. Scholastica, please indicate this	
	Confirmation Sponsor & Saint Name Proposal	See Required Paperwork Section or on the bottom of the class page: https://www.stscholasticaerie.org/faith-formation/confirmation/	
	Confirmation Sponsor Report	See Required Paperwork Section or on the bottom of the class page: https://www.stscholasticaerie.org/faith-formation/confirmation/	
	Sponsor Eligibility Form	If the sponsor attends St. Scholastica this is not needed; if the sponsor lives in the Archdiocese of Denver, please use the attached form; if the sponsor lives in another Diocese they may have their own form or use can use the Denver form. A blank Archdiocese of Denver form can be found on the bottom of the class page: https://www.stscholasticaerie.org/faith-formation/confirmation/	
Paperwork due by Third Encounter	Letter to Bishop	Student writes 1-2 paragraphs (3-4 sentences each)	
	Saint Report	See Required Paperwork Section or on the bottom of the class page: https://www.stscholasticaerie.org/faith-formation/confirmation/	

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1st Confirmation / 1st Eucharist Encounter Theology Check-off List

Encounter	THEOLOGY	OLR #	DATE ACHIEVED
First Encounter, Jesus Faithful Servant	Required Paperwork	n/a	
	75% on Quizlet or Kahoot Exam for Encounter 1	n/a	
	God's Attributes	1	
	5 Steps of Lectio Divina	28*	
	Bible Basics	28*	
	Original Sin	5	
	Imperfections	5	
	Covenants	24	
	Prayer from the heart	28*	
	Glory Be	1	
	Prayer	1	
	Sign of the Cross	1	
	Hail Mary	1	
	Our Father	2	
	Apostles Creed	1	
	Ten Commandments	29*	
	Holy Days of Obligation	35, 36	
	Precepts	35, 36	
	Nicene Creed - What does consubstantial mean?	3	
	Sin Definition	6*	
	Types of Sin	6*	
	Vices/7 Deadly Sins	5 & 6*	

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2nd Confirmation / 1st Eucharist Encounter Theology Check-off List

Encounter	THEOLOGY	OLR LESSON #	DATE ACHIEVED
Second Encounter, Jesus Proclaiming Truth	Required Paperwork	n/a	
	75% on Quizlet or Kahoot Exam for Encounter 2	n/a	
	Rosary Mysteries	7	
	The Church the People of God	7	
	Gifts of the Holy Spirit Come Holy Spirit Prayer	9,16	
	Cardinal Virtues	n/a	
	Define actual grace	10*	
	Define sanctifying grace	10*	
	Grace	10*	
	Theological Virtues	10*	
	Virtues Definition	10*	
	Nicene Creed - Who founded the Church?	11	
	Nicene Creed - What does One, Holy, Catholic, Apostolic Church mean?	12	
	Sacraments	13	
	Beatitudes	16	
	Fruits of the Holy Spirit	16	
	Act of Contrition	18*	
	Examination of conscience	18	
	Corporal and Spiritual Works of Mercy	19*	

3rd Confirmation / 1st Eucharist Encounter Theology Check-off List

Encounter	THEOLOGY	OLR LESSON #	DATE ACHIEVED
Third Encounter, Jesus Triumphant Sacrifice	Required Paperwork - A letter to the bishop, the saint report, this notebook, and any other artifacts that will help you demonstrate your readiness.	n/a	
	75% on Quizlet or Kahoot Exam for Encounter 3	n/a	
	Chaplet of Divine Mercy	27	
	Confirmation 1. Why do you want to be confirmed? 2. What is your mission after confirmation? 3. What does the sacrament of confirmation mean to you? 4. What is the difference between an apostle and a disciple? 5. Why did you choose your confirmation saint? What are their virtues? 6. Why did you choose your sponsor?	15	
	First Eucharist 1. Tell me about the story of the Passover and the Exodus from Egypt? 2. How is that related to the Last Supper? 3. How is that related to the Mass? 4. What is the Eucharist? 5. What are the bread and wine transformed into? 6. Why is receiving the Eucharist important? 7. What do you believe the Eucharist is? 8. What are the two main parts of the Mass? 9. What do we do in the first part of Mass? 10. What do we do in the second part of Mass? 11. Why do you want to receive Jesus in the Eucharist? 12. What do you hope receiving the Eucharist will do for you? 13. Tell me about an experience of prayer that you have had while preparing for this sacrament. 14. What should we do after receiving Jesus in Holy Communion?	22 & 23	

*Included in the 1st Reconciliation Curriculum, revisited for review in the Confirmation and First Eucharist Class. If a confirmation candidate needs to also receive the sacrament of 1st Reconciliation, the student and their family should either study the lessons from the 1st Reconciliation notebook that are not included in confirmation, or attend the 1st Reconciliation class first (it is held at the same time as the confirmation class).

Family Faith Formation Jesus is the Way to Heaven!

Ways I can follow Jesus and Mary in class

Ways I can follow Jesus and Mary in class	I'm imitating Jesus and Mary!
First Commandment – I am the Lord your God, you shall not have strange gods before me	I will look to God 1st for behavior approval, and honor him. 
Fourth Commandment – Honor your Father and Mother (my behavior shows I desire what Ephesians 6 promises: "that it may go well with you and that you may have a long life on earth.")	I will look to my parents 2nd for behavior approval, and will respect priests, deacons, teachers and aides they have put in charge of me. 
Beatitude - Blessed are those who hunger and thirst for righteousness: (I desire not to offend God or others, and want to do what is right)	I sit, stand, run, jump, play as directed 

Ways I can follow Jesus and Mary in class	I'm imitating Jesus and Mary!
Cardinal Virtue of Temperance: (I am in control of my behavior)	I raise my hand, I participate, I clean up after myself, I line up 
Sacrament of Holy Orders (I recognize Christ's representative on Earth)	I rise (stand up), listen with my heart when a Priest or Deacon enter our classroom 
Beatitude of Being Merciful and a Peacemaker (as part of God's family, I want to be more like him)	If I am upset with a classmate, I will pray for them and ask God to help me make peace with them 

Weekly Practice of My Faith *at Home* Progress Reports

Students and their families will use will the following report to measure how they are progressing in practicing their faith at home. This training will help your child understand that just as in academics, the arts, or sports, mastery of faith requires practice. The difference is the rewards are eternal for them and the whole family!

Cardinal Virtues of Faith, Hope, and Love

(To help you build a relationship with God the Father, Jesus, The Holy Spirit, Mary, The Saints, Angels, and your family)

✚ This week my family prayed the following prayers together (circle or highlight number of times):

- ✚ *Sign of the Cross* - 1x, 2x, 3x, 4x, 5x, 6x, 7x
- ✚ *Hail Mary* - 1x, 2x, 3x, 4x, 5x, 6x, 7x
- ✚ *Our Father* - 1x, 2x, 3x, 4x, 5x, 6x, 7x
- ✚ *Glory Be* - 1x, 2x, 3x, 4x, 5x, 6x, 7x
- ✚ *Act of Contrition* - 1x, 2x, 3x, 4x, 5x, 6x, 7x
- ✚ *Come Holy Spirit Prayer* - 1x, 2x, 3x, 4x, 5x, 6x, 7x
- ✚ *Apostles Creed* - - 1x, 2x, 3x, 4x, 5x, 6x, 7x

✚ This week I either planned for or took part in an activity to live-out my faith in my home, I saved a memento or journaled about this in the back of my notebook to share with the class and Father during my Encounter interview. Suggested activities include: pray the rosary as a family, pray morning or evening prayer as a family, participate in a at-home stations of the cross or Marian procession, watch and discuss a theologically based video from formed.org, celebrate the birthday of your patron saint, read and discuss a bible story or teaching from the catechism, study confirmation materials together, etc.

Third Commandment – Remember to keep Holy the Lord’s Day

✚ My family and I attended mass on Sunday (circle one): 4pm Sat, 8:30am Sun, 11:30am Sun, 5:30 pm Sun OR Other Parish Name and Time: _____

Interview/Encounter Prep – review the following:

- ✚ I have submitted all the required paperwork for the sacraments that I will receive
- ✚ I have made sure that I am signed up for Flock note and am receiving the class messages, I have taken the Kahoot challenges
- ✚ I have scheduled at least three meeting times to meet with Father Wedow and demonstrate what I’ve learned and how I’ve practiced my faith (please note that the first meeting is usually an icebreaker as most catechumen have never met with a priest before and are a bit nervous. So, please schedule at least three meeting times for each encounter. It is easy to schedule ahead of time, then find space in Father’s calendar later).

The mission of St. Scholastica - We, St. Scholastica Catholic Parish, follow Jesus Christ and His Church in obedience to His command: “Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the holy Spirit, teaching them to observe all that I have commanded you.” (Mt 28:19) Grounded in the eternal love of the Most Holy Trinity, we evangelize the people of Erie Colorado, revealing the Kingdom of God on earth as it is in heaven!

✚ This week I will share what I have learned in class with my family, my friends, and my community!

Prayers and Theology for

1st Reconciliation Interview & Confirmation / 1st Eucharists Encounters

Encounter One - Jesus, Faithful Servant



Week 1 - Prayer Book, Notebook Cover, God's Attributes

AOD Objective: Should have a sense of prayer and a need for God.

Objective: To learn about God, prayer, and adoration

St. Joseph Baltimore Catechism Vol 1 and 2 lessons 1, 2, 3

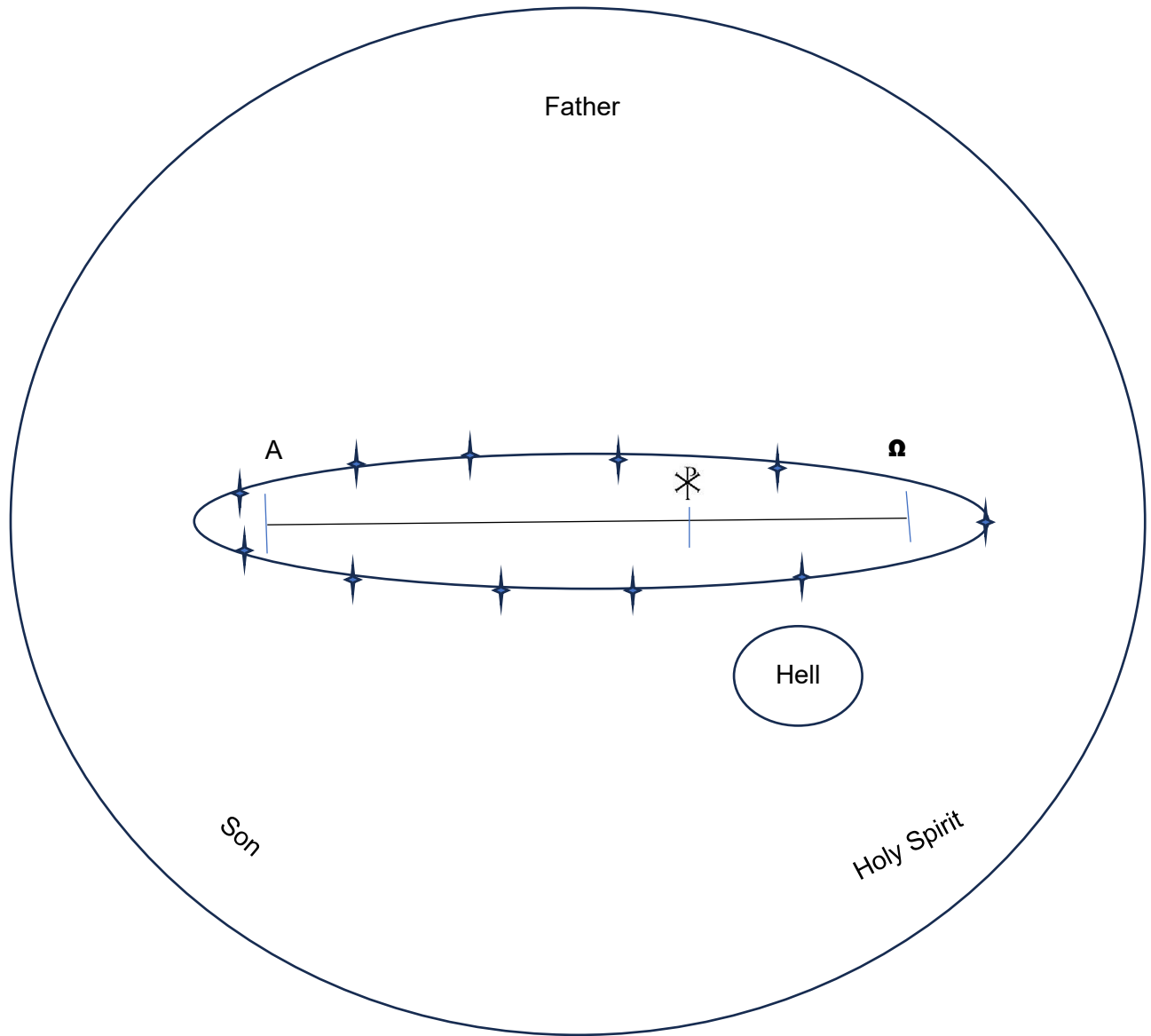
OLR Lesson #1

Instructions:

1. Assemble your notebook:
 - A. Cover
 - a. Put your name on the cover sheet
 - b. Color it
 - c. Place it in the plastic cover of your binder
 - B. Prayer Book
 - a. Assemble your prayer book, and tape it to the "Prayer" page
 - C. Stick Figure of God
 - a. Label your stick figure of God page with His attributes
 - D. Prayer Wall
 - a. Put any prayer intentions that you have here weekly so that you can see God answering your prayers
2. Play Truth or Error – God's Attributes
3. Prepare to visit Jesus – talk about how going to visit grandma in person is very different from talking with her on the phone, she has a presence, and how much more God! Go to church sit and see if you can sense Jesus' presence, and pray the prayers you learned this week.

My Prayer Book

A Stick Figure of God



God's Attributes

Prayer Wall

Week 2 - Bible Basics and Lectio Divina

AOD Objective: Should have experience with Mass and desire to participate fully in it, Should have experience with Lectio Divina

Objective: To learn the two main parts of the bible, who wrote the Gospels, and the basic story of Salvation History, and the main covenant God has made with his people

St. Joseph Baltimore Catechism Vol 1 and 2 Lesson 4
Catholic Bible

Instructions: You'll create a salvation history timeline which will help you to learn bible basics, salvation history, covenants

1. Print out both the Lectio Divina note catcher (double-sided, landscape) and the Lectio Divina Prayer, the Salvation History Foldable (double-sided, portrait), and the Salvation History Poster (single-sided, landscape)
2. The poster will be your first page (used with permission)
3. Assemble the Lectio Divina notebook (cut on the solid lines, fold on the dotted lines) and tape to your notebook page
4. Lectio Divina is a form of "prayer from the heart," as it helps you to lift up of your heart and mind to God in praise of his glory, and have a heart-to-heart conversation with God.
5. Assemble the Salvation History Foldable (fold on the dotted lines, staple the "Salvation History" tab to hold your mini book together. The book has the 6 major covenants that God has made with His people, a covenant is like a marriage, lives are exchanged, you become family. Notice that God's family size kept growing with each covenant.
6. Note the beginning of the Old Testament (O.T.), and that time counts down until Jesus arrives
7. Note the beginning of the New Testament (N.T.), and that time begins to count up at Jesus' birth
8. Learn the four gospel writers (Matthew, Mark, Luke, John), and some of the stories they recorded
9. Sing along with Christine in Action – [The Gospel Means Good News](#)
10. Sing the St Michael the Archangel song along with Christine in Action - <https://app.formed.org/app/collections/903610>
11. Sing the Salvation History song - <https://app.formed.org/app/videos/2774437?cid=1151131>
12. Sing the basic prayer song - <https://app.formed.org/app/videos/2774448?cid=1151131>
13. Find some of the stories from the timeline in the bible
14. Play Prayer Tag, and God's Attributes Truth or Error
15. Go to the church and pray, ask God how you can use what you've learned?

Salvation History

Covenant - a bond between God and human beings, or between human beings that is created with an exchange of words and ritual actions. The vows of the commitment mean that you must live and fulfill the promises that you have made. Involves an exchange of words and persons as opposed to a contract which involves an exchange of words and goods.

Lectio Divina

Week 3 - The Fall of Man

AOD Objective: know about Original Sin and its effects on our relationship with God and one another.

Objective: To learn about the results of the fall and how it affects us even today through the perfections and imperfections

St. Joseph Baltimore Catechism Vol 1 and 2 lessons 5

Instructions:

1. You will create a mini book and tape it to the next page of your notebook using the attached perfections and the imperfections foldable.
2. Blow up a balloon and talk about how Adam and Eve were filled with God's grace before the fall, then let the air out to show how they lost God's grace and suffered from pains and disorders know as imperfections as a result. Finally, poke a hole in the balloon and talk about how they also suffered death of their bodies, all though they still had eternal souls that had to wait for Jesus before they could go to Heaven. Talk about how Jesus eventually gave us the sacraments, to fill us again. However, we still have these imperfections that cause us to seek the perfections of God and hopefully revisit the sacraments to be filled again and again.
3. Tape the popped balloon to your page.
 - a) Talk about and memorize these definitions:
Cut out flash cards for the following four definitions and place them in your dictionary

a) Sin is a deliberate thought, word, deed, or omission contrary to the Eternal Law, Natural Law and/or Divine Law. Sin happens when I offend God or the reason, truth, and right conscience that He has created in me.

b) Mortal Sin – in order for an action to be a mortal it must meet the following three criteria: (1) you must know it's a sin and very serious (such as: a violation of the 10 Commandments, sins that cry out to God), (2) you must plan or take time to think about doing it, (3) you do

c) Venial Sin – an action which violates or weakens our love for God and/or others and makes it harder for us to practice virtue or good behavior.

d) Vices – bad behaviors that lead to other sins

4. Tape or glue the imperfections and perfections to your page that is titled "The Fall of Man"
5. Play "Aiming for Perfections" ring toss

6. Sing the Salvation History Song along with Christine in Action -
<https://app.formed.org/app/collections/903610>
7. Go to the church and pray, ask God how you can use what you've learned?



The Fall of Man

Week 4 - Sin

AOD Objective:

1. Know what sin is and the difference between venial and mortal sin. Know how sin breaks our love for God and neighbor.
2. Should have a sense of sorrow for their sins. (example: Prodigal Son, woman's tears that wash Jesus's feet).

Objective: to learn about the categories of sin, and the dispositions of the heart that lead to them

St. Joseph Baltimore Catechism Vol 1 and 2 lesson 6

Instructions:

- b) Memorize the definitions below:

e) Sin is a deliberate thought, word, deed, or omission contrary to the Eternal Law, Natural Law and/or Divine Law. Sin happens when I offend God or the reason, truth, and right conscience that He has created in me.

f) Mortal Sin – in order for an action to be a mortal it must meet the following three criteria: (1) you must know it's a sin and very serious (such as: a violation of the 10 Commandments, sins that cry out to God), (2) you must plan or take time to think about doing it, (3) you do

g) Venial Sin – an action which violates or weakens our love for God and/or others and makes it harder for us to practice virtue or good behavior.

h) Vices – bad behaviors that lead to other sins

- i) Follow the instructions on the “keeping a moral compass,” to understand that these dispositions make the life of grace die in us and that practicing the opposing virtue will help us keep our . Place the pages for the tree in your notebook.
- j) About the 7 Deadly Sins:
 - a. The deadly sins are bad behavior habits. Think about your day, do you do the same thing in the morning, for lunch, at night? These are habits. Now think of any that you need to change. Jesus calls us to “repent” or change our bad habits to stay on the path to Heaven. We get off of the path by committing sins or trespassing by leaving the path.



- b. the deadly sins are the roots or beginning of other sins, so you want to stop them before they grow! When they are not stopped, the life of grace in your soul is shrunk and the sin grows bigger. You can stop the practice of sin, by practicing virtue, but not to the extreme.
- c. The first letter of each sin spells “Pale Gas” there are saints that could smell a bad odor coming from some poor sinner stuck in the habit of committing these sins.

16. Practice the basic prayers with Christine in Action songs

<https://app.formed.org/app/videos/2774448?cid=1151131>

- k) Play Sheep and Shepherd tag, focus on questions 1 through 13 and the basic prayers
- l) Go to the church and pray, ask God how you can use what you’ve learned



AOD Objective:

1. Know the 10 commandments.
2. Know that we need to be faithful to God's commandments.

Objective: To learn the 10 commandments and understand how to keep or break them

St. Joseph Baltimore Catechism Vol 1 and 2 lessons 15-22

Exodus 20:2–17, or Deuteronomy 5:6–21, or A Traditional Catechetical Formula

Instructions:

1. 10 Commandments Foldable
 - a. Cut out the 10 commandments flash cards
 - b. Memorize the action associated with each that is shown in the pictures
 - c. Put them in order
 - d. Store them in the pocket on the next page
 - e. Using the 10 Commandments keeping and breaking template, discuss and draw pictures for how to keep or break the commandments
 - f. Read the story Daniel and His Friends
 - g. Play games – 10 Commandment hopscotch, 10 Commandment bowling, and 10 Commandments Truth or Error
 - h. Visit Jesus, ask Him if you should keep the commandments (sometimes it is easier to hear His voice if you ask yes or no questions)

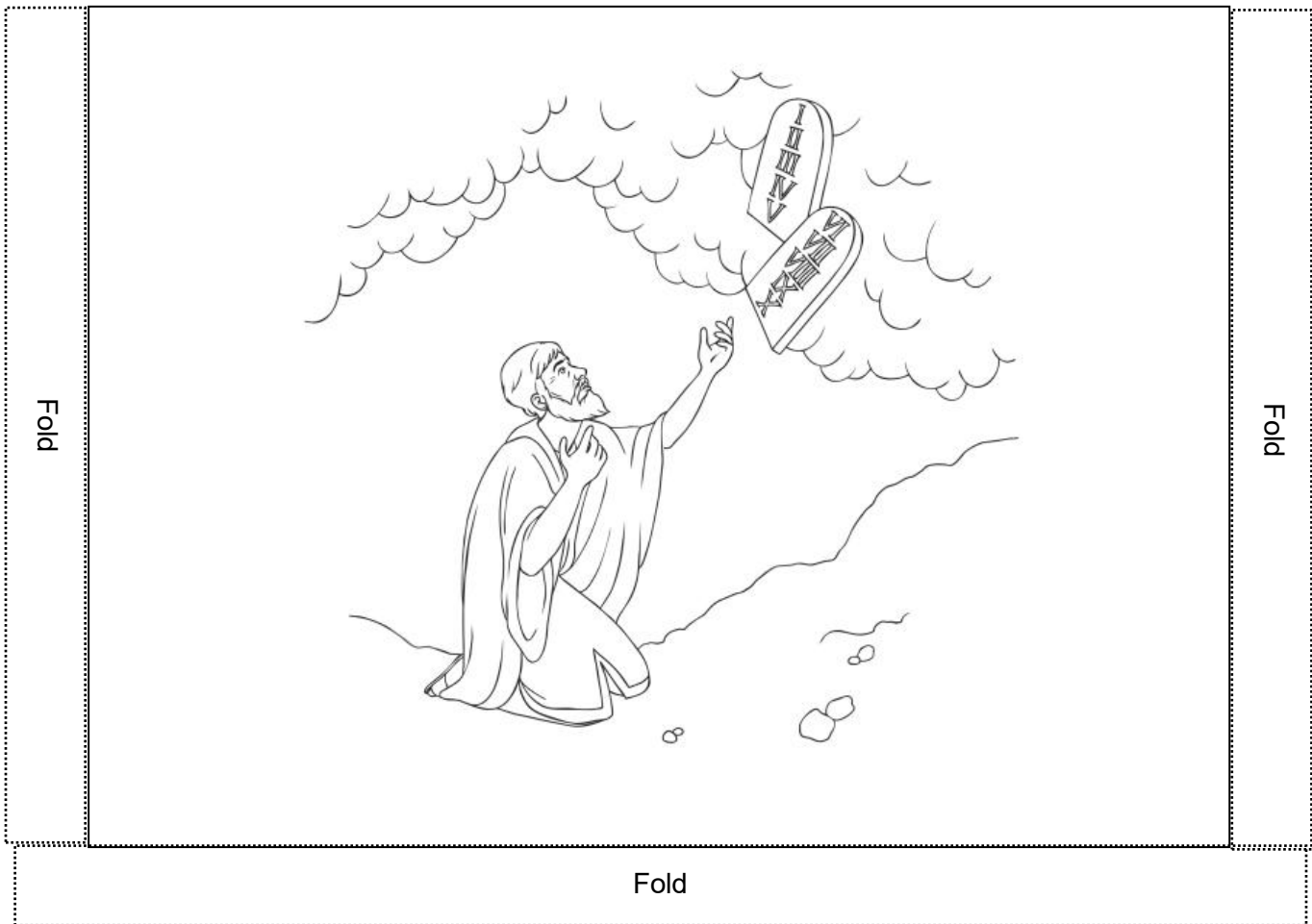
THE GUARDRAIL



Whoever keeps commandments keeps their life,
but whoever shows contempt for their ways will die.

– PROVERBS 19:16 NIV

The 10 Commandments



Week 6 - Precepts of the Church and Holy Days of Obligation

AOD Objective: Know about Original Sin and its effects on our relationship with God and one another.

Objective: To learn the 5 Precepts of the Church and the 6 Holy Days of Obligation

St. Joseph Baltimore Catechism Vols 1 and 2 - lessons 21

Instructions:

1. Follow the instructions on the attached “Precepts Foldable”
2. Tape or glue your foldable to the page labeled “The Precepts of the Church”
3. Follow the instructions on the attached “Holy Days of Obligation Foldable ”
4. Sing along with Christine in Actions “Precepts of the Church” song
<https://app.formed.org/app/collections/1096336>
5. Play Games - Sheep and Shepherds tag, Liturgical Year Relay Race, and the Precepts Relay Race
6. Visit Jesus and ask Him to help you follow the precepts of the church at a minimum

The Precepts of the Church

Holy Days of Obligation

Week 7 - Apostle's Creed

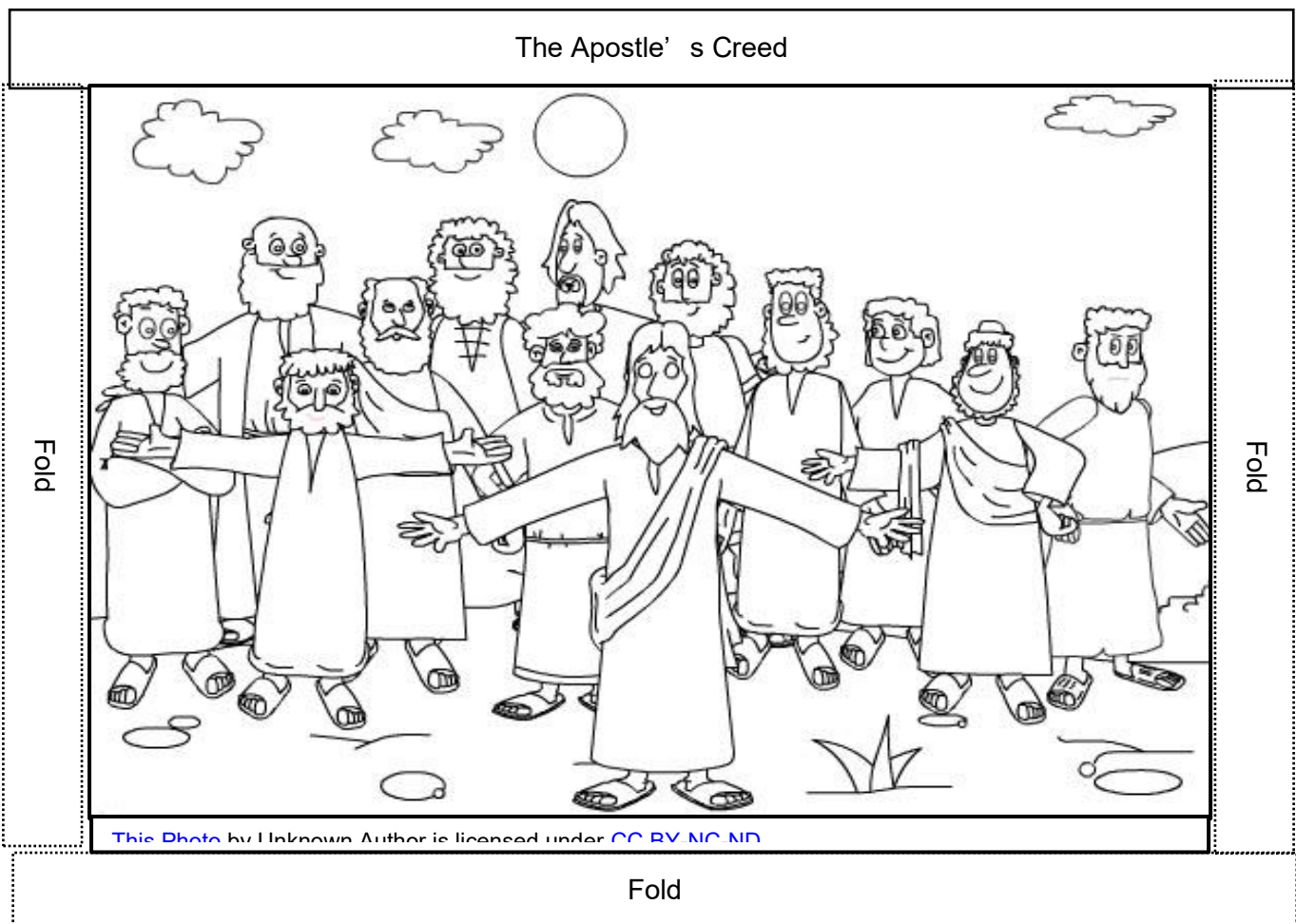
AOD Objective: Should have experience with Mass and desire to participate fully in it.

St. Joseph Baltimore Catechism Vol 1 and 2 lessons 1 through 14

Instructions:

- A. Follow the instructions on the attached "Apostles Creed Tetris" to create a puzzle to help you remember the creed. Store the creed in the pocket on the next page
- 2) Sing the Apostle's Creed Song - <https://app.formed.org/app/collections/903610>
- 3) Move along with the story of the Apostle Peter in Prison
- 4) Play the Apostles Creed Truth or Error
- 5) Play Sheep and Shepherd's tag through the prayers and question 16
- 6) Visit Jesus, thank Him for giving us the Apostles, feel His presence, ask Him to help you this week

The Apostle's Creed



Week 8 - Review for your Encounter

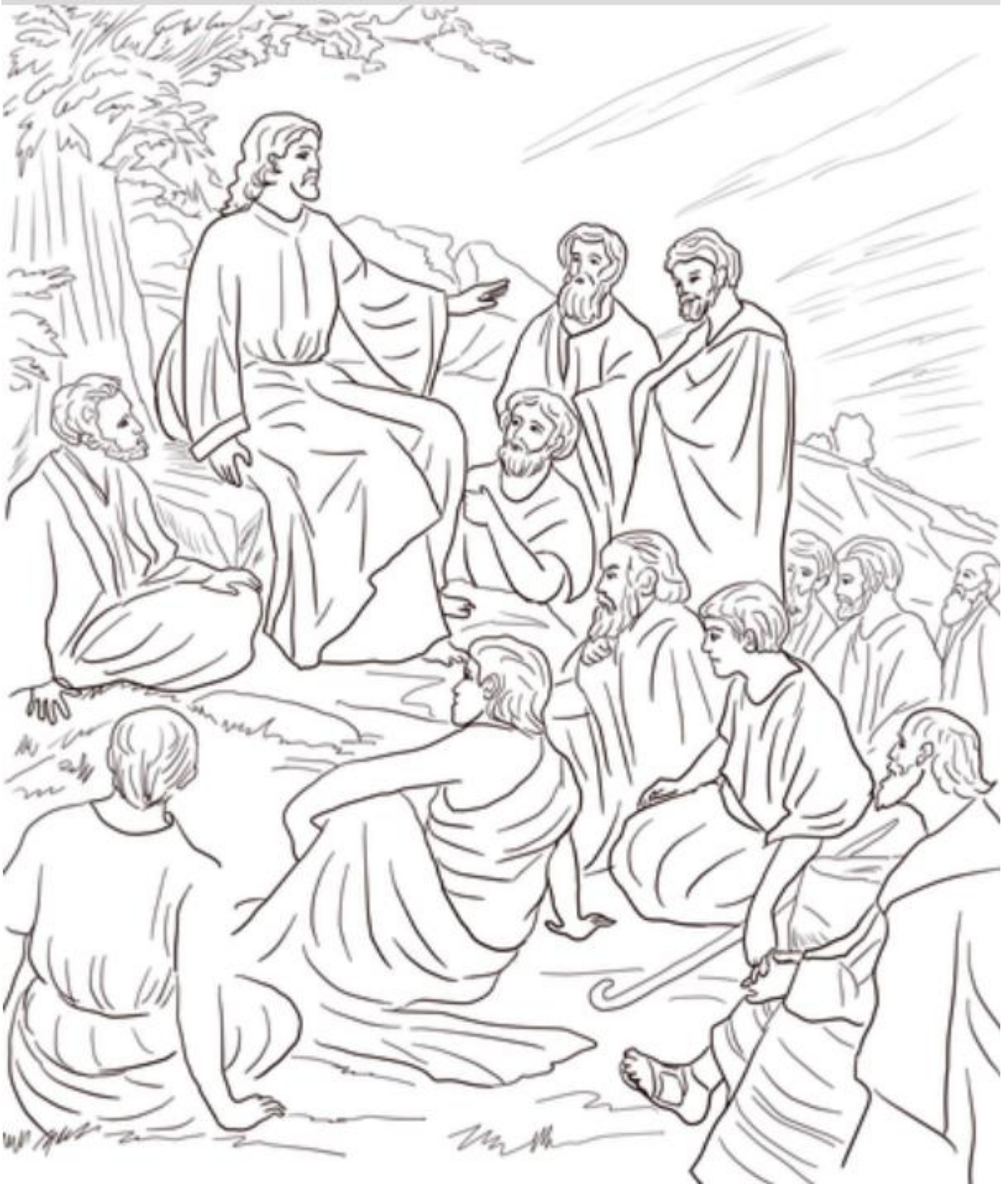
Objective: To review what you've learned so far to reinforce and strengthen your learning

Instructions:

- A. Look back over the last several weeks, and study materials that you have learned so far
- B. Print out the Station Signs, and Station Materials, 10 Commandment hopscotch, aiming for perfection ring toss, Station Materials, Station Materials Deadly Sins
- C. Setup the stations according to the sign
- D. Follow the activities listed in the 1st Encounter Review Activities document



Encounter Two - Jesus, Proclaiming Truth



Week 9 - Prayers and Steps for Going to Confession

AOD Objective:

1. Should have a sense of prayer and a need for God.
2. Know how God offers us forgiveness in reconciliation through the role of the priest. (John 20:22-23)

Objective: to learn the prayers for the 2nd Encounter, and the steps for going to confession

St. Joseph Baltimore Catechism Vols 1 and 2 lessons 29-31, 30, 37

Instructions:

1. Create the Rosary Mysteries Cube Foldable
2. Create the 2nd Encounter prayers foldable
3. Create the Steps for going to confession foldable
4. Tape or paste the foldables to a card stock page
5. Put these in your notebook
6. Print out the Rosary Fitness course, and complete the course
7. Understanding the following about the Sacrament of Reconciliation:

Know that Only God forgives sins. Since he is the Son of God, Jesus says of himself, "The Son of man has authority on earth to forgive sins" and exercises this divine power: "Your sins are forgiven." Further, by virtue of his divine authority he gives this power to men to exercise in his name. (see John 20:19)

Christ has willed that in her [The Church's] prayer and life and action his whole Church should be the sign and instrument of the forgiveness and reconciliation that he acquired for us at the price of his blood. But he entrusted the exercise of the power of absolution to the apostolic ministry which he charged with the "ministry of reconciliation." The apostle is sent out "on behalf of Christ" with "God making his appeal" through him and pleading: "Be reconciled to God." (CCC 1441-1442)

8. Sing the Act of Contrition prayer along with Christine in Action - <https://app.formed.org/app/collections/903610>
9. Sing the Come Holy Spirit Prayer song - <https://app.formed.org/app/videos/3467519?cid=1151132>
10. Practice the steps for going to confession with the attached sins list.
11. Play Sheep and Shepherd's tag through the prayers and question 19
12. Visit Jesus, thank Him for something that you are grateful for, feel His presence, ask Him to help you this week

2nd Encounter Prayers

Rosary Mysteries

Steps For Going to Confession

Week 10 - Grace and the Sacraments

AOD Objective:

1. Know what a sacrament is.
2. Have an awareness of Baptism and our true identity in Jesus Christ.
3. Know that we receive the Holy Spirit in Baptism and are strengthened through Confirmation.

Objective: To learn what both Sanctifying and Actual grace are, and how we receive them

St. Joseph Baltimore Catechism Vols 1 and 2 lessons 9, 23-26

Instructions to learn about Grace:

Objective: To demonstrate the grace that we now receive from the sacraments thanks to Jesus,

1. Say, in an earlier less on the fall, we learned how Adam and Eve lost God's Divine Life (you can fill a balloon with air and let it out as a reminder)
2. Say, today we'll demonstrate how Jesus refills us with a better grace via the sacraments. To demonstrate this grace will refill the balloons with a stronger substance. This grace is called "Sanctifying Grace"

a. Materials:

- i. Balloons (12")
- ii. Rice or Flour
- iii. Funnel
- iv. Spoon or pencil (optional)
- v. Permanent marker (optional)

b. Instructions:

- i. Blow up the balloon to stretch it out and let the air out.
- ii. Insert the funnel into the balloon and hold it in place with one



- hand.
- iii. Slowly pour rice or flour into the funnel because you don't want the funnel to overflow.
 - iv. Shake or tap the funnel gently to encourage the rice or flour to go down. Use a spoon or pencil if necessary to help push it through the funnel.
 - v. Continue until the balloon is full.
 - vi. Tie a knot.
 - vii. Decorate your balloon with sharpies, and tape or staple the end to your notebook.
 - viii. Create the "about grace" foldable, and discuss the definition of grace, sanctifying grace, and actual grace

Instructions to learn about the sacraments:

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1. To help you learn about the Sacraments, we're going to perform several science experiments (see the list below)! You'll create 3 foldables/lab books to record what you've learned about the effects of each (see example the next page). These are pictured below.

Materials Needed:

1. Baptism
 - a. Two clear disposable cups or glasses
 - b. Red Food Coloring
 - c. 1tsp Baking Soda
 - d. ¼ cup bleach
 - e. ¾ cup water
 - f. Invisible ink pen or you can make your own (<https://researchparent.com/color-changing-invisible-ink/>)
3. Confirmation:
 - a. To demonstrate how the Holy Spirit gets inflamed when you receive the Sacrament of Confirmation:
 - i. place a new bar of ivory soap in the microwave, and watch for it to fluff up like shaving cream (30 seconds to 2 minutes depending on the power level). Explain the bar before microwaving is like the Gifts of the Holy Spirit at baptism, at confirmation the gifts get stronger and grow like the bar after microwaving.

Instructions:

1. Foldables – prepare the attached foldables for the Grace and the Sacraments. Cut on the solid line, fold on the dotted line. Glue to a piece of card-stock
2. Conduct the following science experiments

Baptism – three experiments:

1. You become a new creation and receive an indelible mark
 - a. Use invisible ink pen to trace cross on student's heads, Talk about how this is a permanent mark on your soul, can only happen once.
2. Saved from original sin
 - a. Write "sin" on one glass, and draw a cross on the other to represent sanctifying grace given in the sacrament of confession
 - b. Fill the sin cup with ¾ cup water, a drop of red food coloring and baking sode
 - c. Fill the grace cup with ¼ cup bleach
 - d. Talk about how our sins are forgiven in the sacrament of confession and our soul becomes free from the "stain of sin." Pour the bleach into the sin cup to demonstrate this.
3. Adopted by God as His child (you could draw an adoption certificate of you and your Heavenly Father)
4. Receive the Gifts of the Holy Spirit (we'll see this experiment with the Sacrament of Confirmation)
5. Share in Jesus' roles of Priest, Prophet, King

Confirmation:

1. Fill the glass with 1 to 2 inches of water.
2. Add your favorite food coloring.
3. Fill the rest of the glass with oil but stop at about 1 inch from the top so that it won't bubble over.
4. Drop an antacid tablet into the mixture and watch

5. Point out that your soul (the water) received the Gifts of the Holy Spirit (oil) at baptism, then in confirmation these gifts get enflamed so that you can share and witness to the faith.

Eucharist:

1. Since only God can change one substance into another, there is really not an experiment that we can perform to learn about this. We will take a look at the Eucharistic Miracles display to understand this great miracle that takes place at each mass.
http://www.therealpresence.org/eucharst/mir/engl_mir.htm
2. Extra bonus if time allows - Play Sophia institute video:
<https://www.youtube.com/watch?v=QcB7Uem00n4> Entire Sacraments playlist:
https://www.youtube.com/playlist?list=PLBdBxtht3DgeyGzlo4lX3_YLicfaloVu
3. Play the game of Graces
4. Sing the 7 Sacraments Song along with Christine in Action - <https://app.formed.org/app/collections/903610>
5. Visit Jesus, and thank him for the Sacraments, notice the Sacraments stained glass windows

About Grace

About The Sacraments

Sacraments of Initiation

Week 11 - The Church the People of God and the Sacraments

AOD Objective:

To understand that at baptism, we become part of the “mystical body of Christ,” and that we share in Christ’s roles of priest, prophet, and king.

Know what a sacrament is.

Objective: To learn about Christ’s roles that we inherit at baptism and the Sacraments of Healing and Communion

St. Joseph Baltimore Catechism Vol 1 and 2 lesson 24

To help you learn about the Sacraments, we’re going to perform several science experiments (see the list below)! You’ll create 2 foldables/lab books to record what you’ve learned about the effects of each (see example the next page)

Materials Needed:

1. Foldables –print foldables for the Sacraments and Roles with “Landscape, flip on short edge, double-sided”
2. Marriage:
 - a. Two pieces of paper
 - b. Glue
3. Anointing of the Sick
 - a. 1 tspn Vaseline or petroleum jelly
 - b. 1 tissue, ripped into 1 inch pieces
 - c. 1 tspn Coco powder
 - d. 1 plastic spoons
 - e. 1 plastic cup (I used a Dixie cup but small plastic cups work better)
 - f. drop of red food coloring
 - g. 1 Q-Tip

Instructions:

1. Foldables – prepare the attached foldables for the Sacraments and Roles. Cut on the solid line, fold on the dotted line. Glue to a piece of card-stock.
2. Perform the following science experiments:

Confession:

- a. Write “sin” on one glass, and draw a cross on the other to represent sanctifying grace given in the sacrament of confession
- b. Fill the sin cup with $\frac{3}{4}$ cup water, a drop of red food coloring and baking sode
- c. Fill the grace cup with $\frac{1}{4}$ cup bleach
- d. Talk about how our sins are forgiven in the sacrament of confession and our soul becomes free from the “stain of sin.” Pour the bleach into the sin cup to demonstrate this.

Marriage

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1. Glue together two pieces of paper to represent the marriage bond, let dry, try to take apart. Emphasize, God's bond only works if it is a male and female. The "glue" of the bond is the grace that helps the couple stay together for the benefit of their children. It is a permanent bond, you can't take the two people apart without doing damage

Holy Orders

1. Bleach trick one more time (emphasize only priests have this power to forgive sins) Read John 20:21-23
2. Play Padre Pio Clip <https://youtu.be/RPM95QUMPHE?t=1546>
3. Show the "Holy Hand" of Saint Francis Xavier, explains that God's power works through the hands of the priest - <https://thesheaf.com/2018/01/19/handling-a-relic-a-historical-look-at-st-francis-xavier-and-his-arm-now-touring-canada/>

Anointing of the Sick

- A. Do the bleach trick (sins are forgiven)
 - B. Fake Wound:
 - a. In a cup mix Vaseline and pieces of tissue paper
 - b. To change the skin tone, add some coco powder
 - c. Apply to your skin to form a wound
 - d. Drop red food coloring in the center and spread with a Q-Tip
 - C. Talk about how Jesus healed with elements from the earth, dirt in the eyes of the blind man, dirt and spit in the ear of the death man.
 - D. God has power that is greater than science (he created the world and knows all the science of all the scientists)
 - E. Show Padre Pio Clip on sick people who were healed: <https://www.youtube.com/watch?v=Q2R14Z3ncWM> or talk about miraculous healings that you know about
1. Practice going to confession using the Confession Station Penance Events and the Steps for going to confession foldable
 2. Play Sheep and Shepherds tag
 3. Read the story "Namaan is healed of leprosy"
 4. Sing along with Christine in Action, the 7 Sacraments Song - <https://app.formed.org/app/collections/903610>
 5. Visit Jesus, sense His presence, ask Him how to use what you've learned this week

Sacraments of Healing

Sacraments of Communion

Roles Shared with Christ

Week 12 - Virtue in General, Theological Virtues, The 4 Marks of the Church:

AOD Objective:

Should desire to build a relationship with Jesus Christ.

Have an awareness of Baptism and our true identity in Jesus Christ.

Objective: learn what virtue is, and about the theological virtues specifically

St. Joseph Baltimore Catechism Vol 1 and 2 lesson 10

- a. Create the Theological virtues foldable
- b. Decorate the inside flaps of your foldable with the following images
 - a. Theological Virtues – you can add a picture of your baptism here
 - b. Virtue Faith – draw a picture of someone doing something that goes has said is possible to do if you have faith: moving a mountain with your finger, receiving whatever you ask for in prayer, Jesus healing an illness or condition like blindness, being able to move a tree from the land to the sea. For more examples and scripture passages, go here and search the new testament for the word “faith.”
 - c. Write the virtue Hope – Draw a picture of God helping someone believing God making them a promise such as Abraham, David, St. Peter, St. Paul, or you can find bible stories here <https://www.catholiccrossreference.online/bible/nab-search.cgi>
 - d. Write the virtue Charity – Draw a picture of: 1) someone being willing to give God their favorite toy, and to also share their other toys with their family and friends. 2) someone spending all their free time praying to God and serving others
 - e. Complete the 4 Marks activity, and attach it to the 4 Marks of the Church page. Be able to discuss what is meant by “one holy, Catholic, and apostolic Church.” Also, you should know that to fulfill the Father’s will, Jesus Christ founded the Catholic Church, naming Saint Peter as its first Pope.
- c. Play the Theological Virtues Games
- d. Play Sheep and Shepherds tag
- e. Visit Jesus and pray, thank Him for the SUPER NATURAL theological virtues that you received at baptism

Theological Virtues

4 Marks of the Church

Week 13 - Cardinal Virtues

AOD Objective: Should desire to build a relationship with Jesus Christ, Have an awareness of Baptism and our true identity in Jesus Christ.

Objective: Learn what the cardinal virtues are, and how to practice them

St. Joseph Baltimore Catechism Vols 1 or 2 lesson 10

- a. Create the Virtues Flap book and mini book, attach them to the next two pages
- b. Move along with the story of St. Peter and the Cardinal Virtues
- c. Play Cardinal Virtues Games
- d. Play Sheep and Shepherds tag

Cardinal Virtues Flap book

Cardinal Virtues Mini Book

Week 14 - Gifts of the Holy Spirit

AOD Objective: Know the 7 gifts of the Holy Spirit

St. Joseph Baltimore Catechism Vols 1 or 2 lesson 10

- A. Gifts of the Holy Spirit Bound Book - Follow the instructions on the attachment to create the “Gifts of the Holy Spirit” page in your notebook (see the example below).
- B. Move along with the story of Saints Peter and John and the Sacraments
- C. Play the games - Gifts of the Holy Spirit games, Sheep and Shepherds Tag
- D. Sing along with Christine in Actions 7 Gifts of the Holy Spirit song,
<https://app.formed.org/app/collections/903610> and the Come Holy Spirit Song
<https://app.formed.org/app/collections/1089957>
- E. Visit Jesus and ask Him to you prepare for confirmation and the strengthening of the Gifts of the Holy Spirit

The Seven Gifts of the Holy Spirit

Week 15 - Mercy and Works of Mercy

AOD Objective: Should desire to build a relationship with Jesus Christ.

Objective: To learn what mercy is in general, and how to practice the Corporal and Spiritual Works of Mercy

St. Joseph Baltimore Catechism Vols 1 and 2 lesson 13

1. Follow the instructions on the attached foldables to create both the “Corporal Works of Mercy” and “Spiritual Works of Mercy” pages in your notebook (see the example below).
2. Practice the Works of mercy using the attached “Barque of Peter Simulation” as a guide. In class, we set up a ship which represents “Peter’s Boat” the Catholic Church. In each compartment, students practice one or more work of mercy. If you are teaching this lesson at home, different rooms in your house could represent each compartment.
3. Learn the definition of Mercy - The loving kindness, compassion, or forbearance shown to one who is less than perfect (e.g., the mercy of God to us sinners) (CCC 1422, 1829).
4. Move along with the story of St Paul’s Conversion
5. Play Sheep and Shepherd’s tag
6. Sing along with Christine in Action - The Corporal Works of Mercy and the Spiritual Works of Mercy - <https://app.formed.org/app/collections/903610>
7. Visit Jesus and ask review the Works of Mercy with Him, ask Him which one you can practice?

Corporal Works of Mercy

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Spiritual Works of Mercy

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Week 16 - Beatitudes

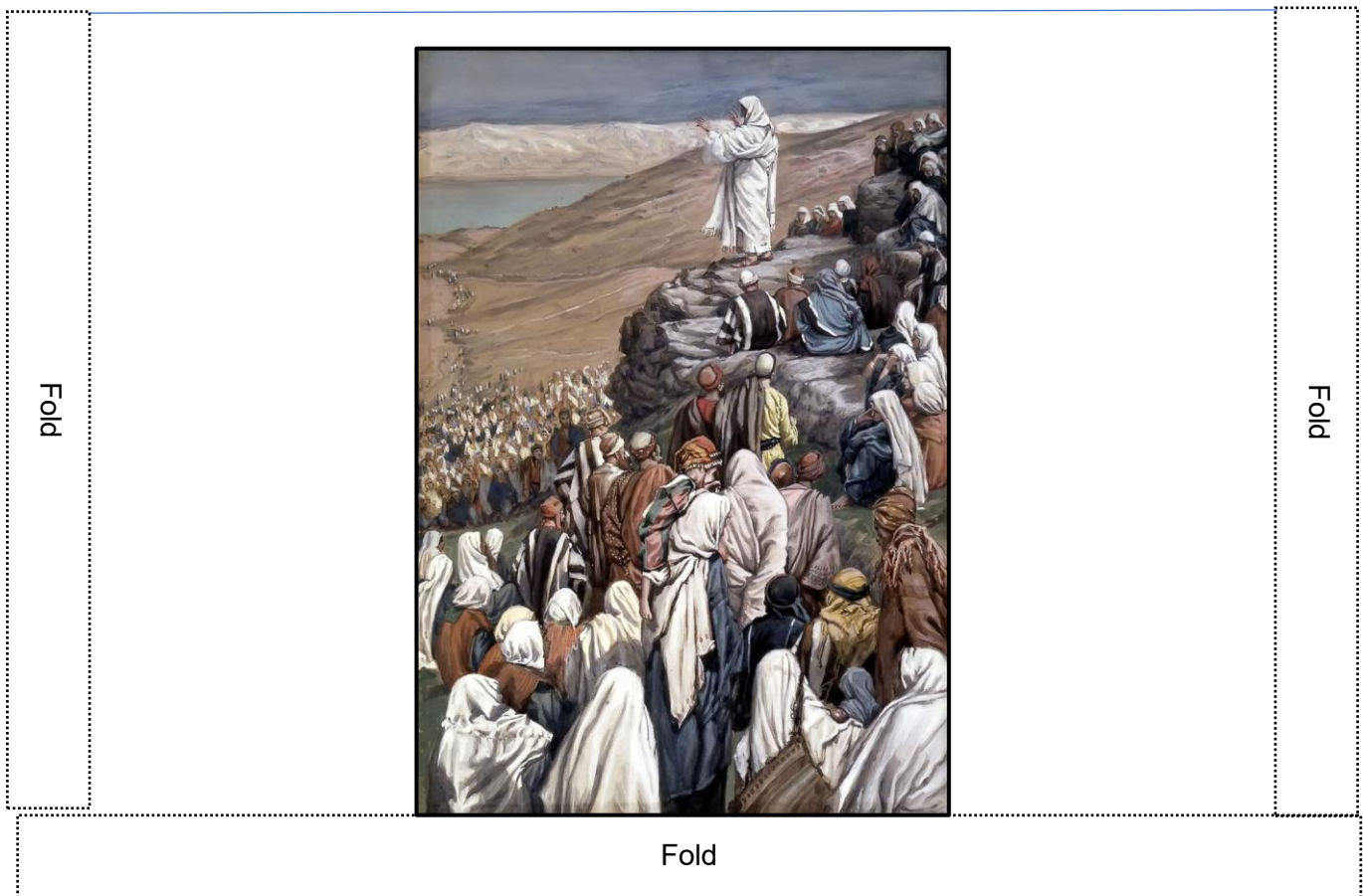
AOD Objective: Should desire to build a relationship with Jesus Christ.

Objective: To learn the Beatitudes and how to live them

St. Joseph Baltimore Catechism Vols 1 and 2 lesson 13 (note there are 9 beatitudes, please refer to Matthew 5:1-2)

1. Cut out the pocket and definition on the next page. Fold the flaps and paste the pocket to a piece of card stock
2. Cut out the attached beatitudes memory game, and see if you can match the beatitude to it's blessing. Store your pieces in the pocket below
3. Play the attached "Slip and Soar" with your friends and family
4. Play Sheep and Shepherds tag
5. Move along with the story of St Paul's Conversion
6. Sing along with Christine in Action, the Beatitudes song - <https://app.formed.org/app/collections/903610> (note Father and several saints of the Church recognize 9 beatitudes. It is something different to be persecuted for our own goodness (#8), then to be persecuted for Jesus (#9).
7. Visit Jesus, review the beatitudes with him, ask Him which one you should work on practicing

Beatitudes - The teachings of Jesus in the Sermon on the Mount on the meaning and way to true happiness
When we are “way of being” reflects the beatitudes, we become more like Christ.



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Week 17 - Fruits of the Holy Spirit

AOD Objective: Know the 7 gifts of the Holy Spirit.

Objective: To learn the 12 Fruits of the Holy Spirit that are produced in your soul when you make use of the 7 Gifts of the Holy Spirit

St. Joseph Baltimore Catechism Vols 1 or 2 lesson 10

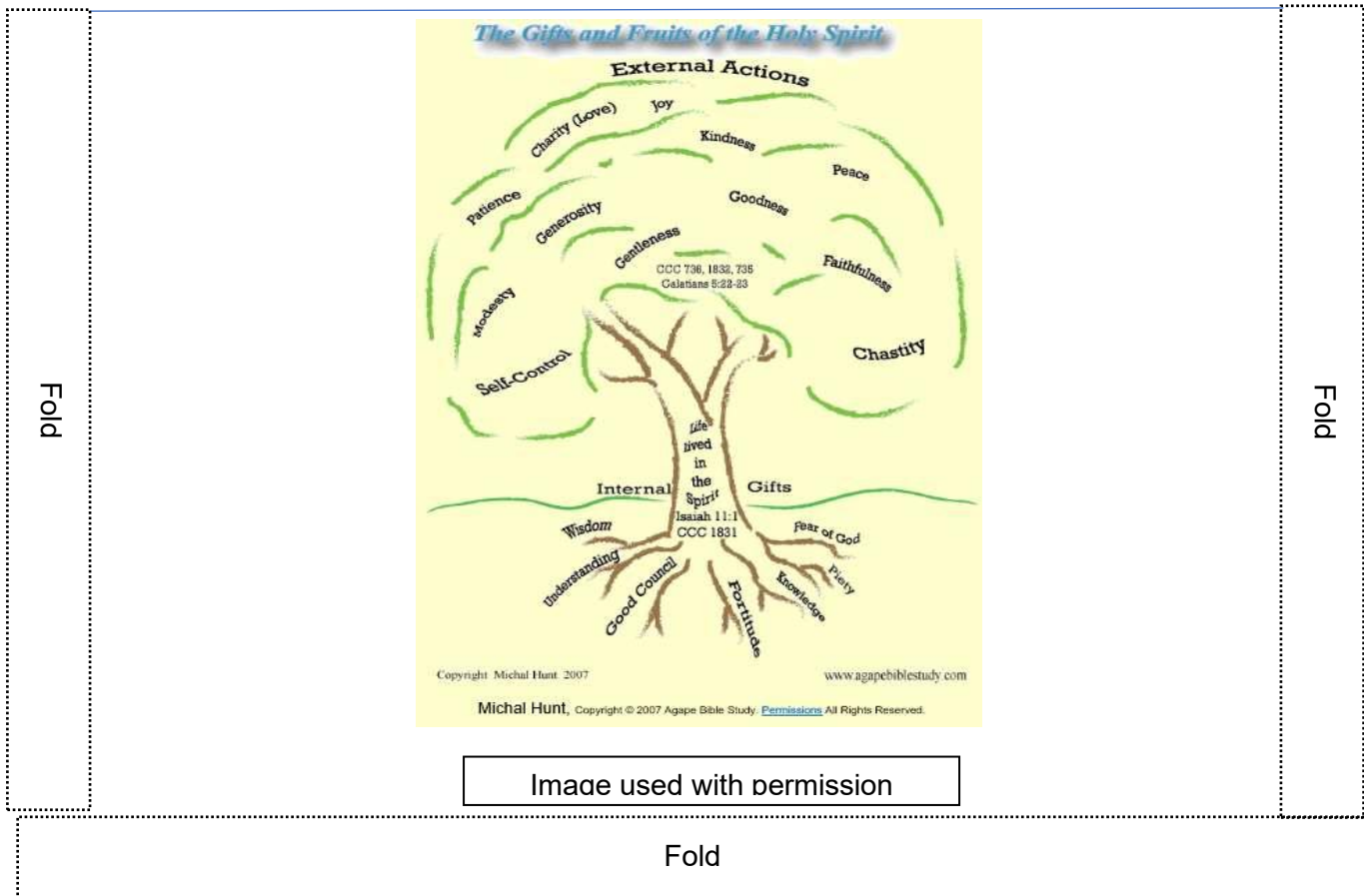
Instructions:

1. Create the Fruits of the Holy Spirit craft
2. Play the Fruits of the Holy Spirit Game and attach it to the next page
3. Read the Active Story – The Parable of the Sower
4. Play Sheep and Shepherds Tag
5. Sing along with Christine in Action – The Fruits of the Holy Spirit Song - <https://app.formed.org/app/collections/1089957>
6. Visit Jesus, review the Fruits of the Holy Spirit with Him, ask Him which fruit is the most important for you to produce

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Fruits of the Holy Spirit



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Week 18 - Review

1. please review what you have learned so far this year to help you comprehend and remember it.
 - A. You can use the documents in the attached supplements to review everything that you've learned for the 2nd Encounter. Complete ½ the activities this week and ½ the next
 - B. Review with the flash cards
2. Visit Jesus and go over what you've learned with Him, ask him what you can practice this week

Week 19 - Review

3. please review what you have learned so far this year to help you comprehend and remember it.
 - C. You can use the documents in the attached supplements to review everything that you've learned for the 2nd Encounter. Complete the 2nd half of the activities this week
 - D. Review with the flash cards
4. Visit Jesus and go over what you've learned with Him, ask him what you can practice this week

Encounter Three - Jesus, Triumphant Sacrifice

Week 20 - Sacraments of Confirmation and 1st Eucharist

AOD Objective:

1. Know the connection between Passover/Exodus and the Last Supper.
2. Know the teaching of Jesus' real presence in the Eucharist.
3. Know the Eucharist is truly the body, blood, soul, and divinity of Jesus.
4. Should express belief in the teaching of the real presence of Christ in the Eucharist.
5. Should desire to build a relationship with Jesus Christ.
6. Should have experience with Mass and desire to participate fully in it.
7. Know how to have prayer with Jesus after receiving Holy Communion; how to have a heart to heart conversation with Jesus.
8. Know that we receive the Holy Spirit in Baptism and are strengthened through Confirmation.

St. Joseph Baltimore Catechism Vols 1 and 2 lessons 26-28

Instructions:

- A. Create the Sacrament of the Eucharist and Confirmation flashcards Cards
- B. Play truth or error - Confirmation and 1st Eucharist Questions
- C. Visit Jesus and review your flashcards with Him, note what He asks you to pay attention to

The Sacraments of Confirmation and 1st Eucharist



Week 21 - Divine Mercy Chaplet and Letter to the Bishop

AOD Objective: Should desire to build a relationship with Jesus Christ.

Objective: You will need to know what the chaplet is and why Jesus gave it to us. To understand that the Nicene Creed is prayed at mass, students should know the 4 Marks of the Church and what they mean, and that to fulfill God's will, Jesus founded the church by making St. Peter the 1st Pope.

Instructions:

- 1) Using the meltie bead pattern in the attached supplements, create an image of the divine heart
- 2) Learn the story of St. Faustina and Jesus' message of mercy
- 3) Attach your heart and story to the next page
- 4) For students who will receive the Sacrament of Confirmation and 1st Eucharist, use the letter to the Bishop template, sentence starters, and example to compose a letter to the Bishop stating why you'd like to be confirmed. Give your letter to the teacher to put in your confirmation folder.

Chaplet of Divine Mercy



Week 22 - End of the Year Project

1. If you are going to receive the Sacrament of 1st Reconciliation only this year, please complete the Reconciliation Project.
2. If you are receiving the Sacraments of Confirmation and 1st Holy Eucharist this year, please complete the Saint Project
3. Play Sheep and Shepherds tag
4. Visit Jesus, and review what you've learned this year with Him

Week 23 - End of the Year Project

1. Finish working on the project that you started last week, optionally, you can present it and be filmed for the parish YouTube channel.
2. If you are going to receive the Sacrament of 1st Reconciliation only this year, please complete the Reconciliation Project.
3. If you are receiving the Sacraments of Confirmation and 1st Holy Eucharist this year, please complete the Saint Project
4. Play Sheep and Shepherds tag
5. Visit Jesus, and review what you've learned this year with Him

Required Paperwork

Below is a list of paperwork required, followed by copies of the forms. You can also find copies of registration paperwork here: <https://www.stscholasticaerie.org/family-registration/>, and confirmation class paperwork can be found on the bottom of this page: <https://www.stscholasticaerie.org/faith-formation/confirmation/>

1st Reconciliation – a copy of the baptismal certificate

Encounter One - Jesus, Faithful Servant

Registration Forms due 9/10/25

The required registration forms are found on the parish website, and include the online registration form, adult and the Safe Environment Opt-out (those under 18 only).

Baptismal and First Eucharist Certificates, due 11/5/25

(If not already in the parish office)

Birth certificate due 11/5/25

(For those receiving the sacrament of baptism only)

Marriage certificate due 11/5/25

(only for those who are married outside of the Catholic Church)

Annulment certificate due 11/5/25

(Only for those who are married, and have a previous marriage that was valid - Father Wedow can help you determine if this applies to you)

Sponsor Requirement

One part of the preparation for this Divine Encounter is the requirement of a Sponsor – someone who guides and directs your faith journey. The choice of a sponsor is a two-step process.

Step 1 – You select, or for children, parents help select someone who meets the listed requirements and submit a proposal to the Pastor.

Step 2 - the Pastor reviews your proposal and either approves the choice or asks you to find someone else.

The following are the minimum requirements to be a Sponsor for the Sacraments of Baptism and Confirmation:

1. The Sponsor must be an active practicing Catholic which means that the Sponsor:
 - a. Be at least 16 years old and preferably not one of your parents
 - b. Attends Mass on Sundays and on holy days of obligation and rests from servile labor
 - c. Confess his/her sins at least once a year.
 - d. Receives the sacrament of the Eucharist at least during the Easter season
 - e. Observes the days of fasting and abstinence established by the Church
 - f. Helps to provide for the needs of the Church (CCC 2042-3)
 - g. Has received the Sacraments of Baptism and Confirmation, and is currently able to receive the sacrament of Eucharist and Reconciliation

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- h. If the sponsor is married, then they must have been married in the Catholic Church or had their wedding blessed in the Catholic Church - NO EXCEPTIONS.
- i. The sponsor needs to be someone other than a parent

When you are selecting a sponsor, a few things to keep in mind would be:

1. Is this person a living model of Catholic faith? Do you admire their relationship with you, the church and God?
2. How has this person prayed for you, given you spiritual support, guidance or encouragement?
3. Will this person give of his/her time and share their spiritual gifts with you?

Parents, being chosen as a Confirmation Sponsor is a great honor that comes with great responsibility. You, as the parent, are encouraged to help select a Sponsor that you trust and know that this person will always be there for your child on their faith journey from Earth to Heaven.

Resources for finding Sponsors:

1. If baptized, your baptismal Godparent
2. Your own family (an aunt, uncle, cousin, grandparent, etc.)
3. Your parish family (someone that you know is a faithful parishioner, that you see taking active part in Church)
4. Your community (a friend or leader in the community who may belong to another parish)

Requirements and Resources for Choosing a Confirmation Saint, read by 9/30/25, due 11/5/25 (see page 23)

Choosing a Saint:

During the Confirmation Mass, the Bishop addresses each candidate by their "Confirmation Saints Name". This may be your existing baptismal name if this is the name of a saint. Most candidates choose a new Confirmation Saint name, this also must be the name of a saint. The important thing is that you know something about the saint, develop a relationship with the saint, and pray to that saint for help and guidance. As a result, they will become your best friend!

Resources:

formed.org

Web Resources:

Formed.org, patron saint index on www.catholic.org saints & angels information www.americancatholic.org patron saint database, www.catholic.org/saints/sofd.php Saint of the Day, Catholicsaints.info Saints by Calendar date and category, <http://saintsnamegenerator.com/index.php> Catholic Saints generated randomly to help familiarize you with other unknown saints Saint Video Series, Benzinger's Lives of the Saints Foxes' Book of Martyrs <https://www.sacred-texts.com/chr/martyrs/fox101.htm>

The church library has several great books and videos depicting the lives of various saints!

Confirmation Sponsor and Saint Name Proposal, due by 11/5/25

1. Candidate Name:
2. Proposed Saint Name:
3. Name and Date of Birth of proposed Sponsor:
4. Name of Church where the proposed Sponsor is a parishioner:
5. Address of proposed Sponsor:
6. Phone # of proposed Sponsor:
7. Email of the proposed Sponsor:
8. Relationship to Candidate for Confirmation:
9. As far as I am aware, the confirmation sponsor meets the minimum requirements (circle one):

Yes No

Approved by: _____ Date: _____

Confirmation Sponsor Report, due by 11/5/25

Please complete the following information about your choice of your confirmation sponsor. Two to three sentences per question are adequate.

1. What made you, the candidate, decide to ask this person to be your sponsor?
2. What qualities in this person do you feel will help you on your faith journey?
3. Describe the daily prayer life of the proposed sponsor?

Paperwork 2nd Encounter

Archdiocese of Denver Godparent/Sponsor Eligibility Form due 2/4/26

Please complete the Archdiocese of Denver Godparent/Sponsor Eligibility Form due by 2nd Encounter. Please note, this form is only required when the sponsor attends a different parish. If the parish is in another diocese they may provide a similar form.

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Godparent/Sponsor Eligibility Form

Congratulations on being asked to be a Godparent/Sponsor! By accepting this role, you are committing to play a significant role in this person's life, sharing the faith and encouraging him/her in his/her journey as a Catholic. If you are serving as a godparent for child baptism, please attend a preparation class at your parish prior to the scheduled baptism. Please take the completed form to your parish and have it signed and sealed by the pastor or their representative. **Once complete, please return the form to the parents.**

Name of individual receiving sacrament(s)

First Name

Middle

Last Name

Godparent or Sponsor:

First Name

Middle

Last Name

Phone

Email

Name of parish where sacraments are to be received:

Parish Name

City

State

Qualifications of a Godparent/Sponsor

In accord with *Canon Law 874*, please provide the following information. **If you do not meet all of these requirements, please let the parents know immediately.**

1. A Godparent/Sponsor must be fully initiated into the Catholic Church. Please indicate whether you have received the three Sacraments of Initiation.

Baptism: ☐ Yes ☐ No

Confirmed in the Catholic Church: ☐ Yes ☐ No

First Eucharist: ☐ Yes ☐ No

2. A Godparent/Sponsor must be at least 16 years old. Are you 16 or older? ☐ Yes ☐ No

3. A Godparent/Sponsor cannot be a parent of the individual receiving sacraments. Are you a parent of the individual? ☐ Yes ☐ No

4. A Godparent/Sponsor must be a practicing Catholic.

Do you attend Mass on Sunday and on Holy Days of Obligation, and regularly receive the sacraments of Holy Communion and Reconciliation? Do you follow the Ten Commandments? ☐ Yes ☐ No

5. Regarding the 6th Commandment, a Godparent/Sponsor must be in good standing with the Catholic Church.

- If married, he/she must be married in the Catholic Church and living in accord with Church teaching.
- If single, he/she must be living according to Church teaching.
- Catholics who were married by a Justice of the Peace, at another Christian church without special permission, and those cohabiting do not meet the requirements of this role.

Based on these guidelines, are you in good standing with the Church? ☐ Yes ☐ No

6. *Child Baptism only* - I have attended a baptism preparation class in the past four months at my home parish or the parish of baptism.

☐ Yes ☐ No

I have truthfully answered the above questions and declare that I fulfill the Catholic Church's requirements of a Godparent/Sponsor. I commit to the responsibility of acting as a Godparent/Sponsor.

Godparent/Sponsor Signature

Date

The person who has signed this form above has testified that they fulfill all canonical requirements to serve as a godparent in the Catholic Church.

To be signed and sealed by the Godparent's/Sponsor's Parish of Record:

Signature of Pastor or Pastor's Designee

Date

Parish Name

Parish City/State

(Seal)

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Encounter Three - Jesus, Triumphant Sacrifice

Letter to Bishop due by 4/7/26

Write a letter to the Bishop explaining why they want to be confirmed in a couple of simple paragraphs with 3-4 sentences each.

Saint Report due by 4/24/26

In class, students will prepare a video about their saint for the virtual Saint Fair, at-home students can either submit a video, a poster, or a report

Resources for completing the report:

formed.org

Web Resources www.catholic-forum.com patron saint index , www.catholic.org saints & angels, information www.americancatholic.org patron saint database, www.catholic.org/saints/sofd.php Saint of the Day, Catholicsaints.info Saints by Calendar date and category, <http://saintsnamegenerator.com/index.php> Catholic Saints generated randomly, Saint Video Series, Benzinger's Lives of the Saints , <https://www.sacred-texts.com/chr/martyrs/fox101.htm> Foxes' Book of Martry

Additionally, the church library has several great books and videos depicting the lives of various saints!

Project Description:

You child should gather the information to present about their saint to the virtual saint fair. Ideas include:

1. General Information: Name, Birthday, Feast Day, where they were from, are they a patron saint and if so, who do they represent.
2. Some background information: such as what are some of the things they are known for or important events in their lives.
3. A Picture: A Picture of the Saint.
4. Quotation:
5. Interesting Facts: some interesting facts about the saint
6. Prayer: a specific prayer either for the Saint's intercession or written by the saint.
7. How does this Saint inspire you: An explanation of why you chose this saint and how this saint may pertain to your life, things about the saint that you found to be inspirational to you?

For the video, students can use props such as a poster, book, musical instruments, and items that represent their saint. If you are completing this at home, please send a video of your child presenting their Saint's information to the teacher so that it can be added to the fair.

Appendix

Archdiocese of Denver Confirmation and First Eucharist Sacramental AOD Objectives Cross Reference

AOD AOD Objective	Potential questions	Theology	OLR Lesson#
1. Know the connection between Passover/Exodus and the Last Supper.	2. Tell me about the story of the Passover and the Exodus from Egypt? 3. How is that related to the Last Supper? 4. How is that related to the Mass?	Covenants	24
1. Know the teaching of Jesus' real presence in the Eucharist: body, blood, soul, and divinity of Jesus. Know the Eucharist is truly the body, blood, soul, and divinity of Jesus.	What is the Eucharist? What are the bread and wine transformed into? Why is receiving the Eucharist important?	Practice of my Faith at Home	22
2. Know that the Mass is made up of the Liturgy of the Word and the Liturgy of the Eucharist.	1. What are the two main parts of the Mass? 2. What do we do in the first part of Mass? 3. What do we do in the second part of Mass?	Practice of my Faith at Home	23
3. Should express belief in the teaching of the real presence of Christ in the Eucharist.	1. What do you believe the Eucharist is? 2. Do you believe Jesus is truly present in the Eucharist? 3. What does that mean for you?	Precepts Holy Days of Obligation	35, 36
4. Should desire to build a relationship with Jesus Christ.	1. How does receiving the Eucharist help you grow in your relationship with Jesus?	Prayer from the heart	22 & 23
5. Should have experience with Mass and desire to participate fully in it.	1. Why do you want to receive Jesus in the Eucharist? 2. What do you hope receiving the Eucharist will do for you? 3. Tell me about an experience of prayer that you have had while preparing for this sacrament.	Apostles Creed Nicene Creed What does One, Holy, Catholic, Apostolic Church mean? Who founded the Church?	1 24 12 11

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AOD AOD Objective	Potential questions	Theology	OLR Lesson#
6. Know how to have prayer with Jesus after receiving Holy Communion; how to have a heart-to-heart conversation with Jesus.	1. What should we do after receiving Jesus in Holy Communion?	Grace Define sanctifying grace Define actual grace	10
7. Know what a sacrament is.	1. What is a sacrament? 2. Why do we receive sacraments?	Sacraments	13
8. Have an awareness of Baptism and our true identity in Jesus Christ.	1. What happens to a soul when a person is baptized? 3. Whose life do we receive in baptism?	The Church the People of God What does consubstantial mean?	7 3
9. Know that we receive the Holy Spirit in Baptism and are strengthened through Confirmation.	1. What does the Holy Spirit have to do with Baptism and Confirmation? 2. When do we receive the Holy Spirit for the first time? 3. Where do we get strengthened by the Holy Spirit? 4. What are we strengthened for?	Confirmation Why do you want to be confirmed? What is your mission after confirmation? What does the sacrament of confirmation mean to you? What is the difference between an apostle and a disciple? Why did you choose your confirmation saint? What are their virtues? Why did you choose your sponsor?	15
10. Should have a sense of prayer and a need for God.	1. Why is it important to pray? 2. What does it mean to you to pray to the Father? To the Son? To the Holy Spirit?	Prayer Prayer from the heart	28 28 27 (added)

AOD AOD Objective	Potential questions	Theology	OLR Lesson#
		Chaplet of Divine Mercy Sign of the Cross Hail Mary Glory Be Our Father Rosary Mysteries	27 1 5 1 2
11. Should desire to build a relationship with Jesus Christ.	1. Do you want Jesus to be in your life? Why? 2. How is Jesus calling you, like the disciples, to share your faith with others (at home, school, friends, etc.)?	Beatitudes Virtues Definition Theological Virtues Cardinal Virtues Mercy Definition Corporal and Spiritual Works of Mercy	16 10 10 10 (added) 2 19
12. Know the 7 gifts of the Holy Spirit.	1. What are the seven gifts of the Holy Spirit? 2. What do the gifts help to do? 3. Who do they help us to know?	Gifts of the Holy Spirit Fruits of the Holy Spirit Come Holy Spirit Prayer	9 16 16 (added)
13. Know that we need to be faithful to God's commandments.	1. Why is it important to follow God's Commandments?	Ten Commandments Sin Definition Types of Sin Vices/7 Deadly Sins Act of Contrition	29 6 6 6 18
14. Should have experience with lectio Divina.	1. Tell me about an experience in prayer and/or reading of 2. Scripture that you have had while preparing for this sacrament. 3. How have you gotten to know God better while preparing for this sacrament?	Bible Basics 5 Steps of Lectio Divina	28 (added) 28 (added)