

Confirmation and First Eucharist Notebook



Fall 2023 – Spring 2024

"I have competed well; I have finished the race; I have kept the faith." (2 Timothy 4:7)

Parish Mission - We, St. Scholastica Catholic Parish, follow Jesus Christ and His Church in obedience to His command: "Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the holy Spirit, teaching them to observe all that I have commanded you." (Mt 28:19) Grounded in the eternal love of the Most Holy Trinity, we evangelize the people of Erie Colorado, revealing the Kingdom of God on earth as it is in heaven!

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Welcome Letter

August 26th, 2023

To the Parents and students who are preparing to receive the Sacrament of Confirmation and/or Holy Communion,

Confirmation is an experience of God the Holy Spirit. Getting ready to encounter the Holy Spirit through the Sacrament of Confirmation is a foundational part of your relationship with God! Living in a life-giving relationship with the Holy Spirit is what happens after confirmation. Hopefully, you are thinking and praying about how the Holy Spirit through the Seal of Confirmation affects your life! To help you and your child throughout the year, and to prepare for life with the Holy Spirit, the following information is outlined below: confirmation Encounter information, confirmation notebook, and parental requirements. The teacher will also be sending a weekly update via Flock Note.

Confirmation Encounters

To help confirmand understand their faith at a rate that is not overwhelming, there are **three** required Encounters over the course of the year which must be completed. An encounter is a series of face-to-face meetings with the Pastor where students demonstrate their encounter of Christ. Practically speaking, since many students have never met face-to-face with a priest, you should schedule at least two 20-minute meetings for each encounter. An electronic link to Father Rob's appointment schedule will be sent out the first week of class for the first Encounter. Alternatively, you can schedule your appointments by contacting the office. Following are the available dates to complete each encounter, topics, and required paperwork:

Encounters	Dates	Topics	Required Paperwork
Jesus, Faithful Servant	Complete between 11/29/23-12/8/23	Apostles Creed, Mercy definition, Ten Commandments, Holy Days of Obligation, Precepts, Consubstantial Definition, Sin Definition, Vices, Mortal and Venial Sin, Gifts of the Holy Spirit, Prayers (Sign of the Cross, Hail Mary, Glory Be, Our Father,)	Due by 11/29/23 Registration Paperwork, First Confession Book Order, Baptismal and First Communion Certificates, Confirmation Sponsor and Saint Name Proposal, Sponsor Report, and Sponsor Form (Required if sponsor is a member at another parish), Confirmation Notebook, artifacts from class or home activities that are related to the topics
Jesus, Proclaiming Truth	Complete between 1/24/24 – 2/3/24	The Seven Sacraments, The Church the People of God, Beatitudes, Fruits of the Holy Spirit, Mercy, Works of Mercy, Prayers (know about the Mysteries of the Rosary and Divine Mercy Chaplet, Act of Contrition, Grace, Come Holy Spirit Prayer, Nicene Creed, Bible and Salvation History)	Due by 1/24/24 Confirmation Notebook, artifacts from class or home activities that are related to the topics
Jesus, Triumphant Sacrifice	Complete between 3/6/24 – 3/16/24	Covenants, Nicene Creed, Chaplet of Divine Mercy, Lectio Divina, Bible Basics, Prayer Definition, Prayer from the Heart, Why I want to be confirmed, The Eucharist	Due date 3/6/24 Letter to Bishop, Saint Report, Confirmation Notebook, artifacts from class or home activities that are related to the topics

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Confirmation Notebook

Your candidate will use this notebook in class, at home, and during the interview for the Encounter. The notebook contains the following:

1. Encounter Checkoff Lists – use these as a guide to know what paperwork your candidate has turned in or is missing; and what prayers and theology your candidate has mastered. Additionally, if you would like to study at home, instructions for accessing the Our Lady of the Rosary Family Catechism follow the list of required paperwork.
2. Practice of My Faith in Class Progress Reports – one way for a student to demonstrate that they are learning to practice their faith is for them to incorporate their faith into their day-to-day actions. This report will help guide students in terms of expected classroom behaviors and will also guide teacher-parent discussions.
3. Practice of My Faith at Home Progress Reports – Students and their families will use will the following report to measure how they are progressing in practicing their faith at home. This training will help your child understand that just as in academics, the arts, or sports, mastery of faith requires practice. The difference is the rewards are eternal for them and the whole family!
4. Study materials for the Encounter – the basic information the confirmand should know and have memorized at their grade/ability level for the Encounter.
5. Required Paperwork each encounter – before scheduling your encounter, please be certain to complete the required paperwork found in the last section of the notebook and submit it to the office. The check-off lists to prepare for each encounter indicate the paperwork that is due.
7. Study Materials Created in Class – each week students can add materials that they have created in class to the notebook.

Parental Requirements:

Parents, you are your children's best teachers of the faith, this is the long-standing tradition and practice in the Church. We are honored that you have entrusted us to help in this process! To help you at home, we invite you to attend class with your child. The goal of the catechesis is to form spiritual champions, so that at the end of their life your child and your entire family will proclaim like Saint Paul "I have competed well; I have finished the race; I have kept the faith (2 Timothy 4:7). Therefore, each week, we ask that you work with the weekly practice of my faith at home checklist, which will guide you through observing your faith in your home, the domestic church.

Please note the following two dates that are in addition to the regularly scheduled class :

DATE	TIME	EVENT FOR PARENTS & FAMILIES
Friday December 12/24/23	3pm	The Christmas Pageant
Saturday April 4/27/2024	TBD	Confirmation Retreat

May the Peace of Christ fill your heart with Joy!

Fr. Robert Wedow
Pastor

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Encounter Check-off Lists

Paperwork

		Description	
Paperwork Due by First Encounter	Registration Paperwork	On the website under Faith Formation, RE Registration	
	Confirmation Saint	See page 26	
	Baptismal Certificate	Request from the parish where your child was baptized	
	Confirmation Sponsor & Saint Name Proposal	Form located on page 28	
	Confirmation Sponsor Report	Form located on page 29	
	Parish Sponsor Form	Form located on page 30	
Paperwork Due by Third Encounter	Letter to Bishop	Student writes 1-2 paragraphs (3-4 sentences each)	
	Saint Report	see page 31	

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Preparing for the sacraments at home:

To access the Our Lady of the Rosary Family Catechism (OLRFC) at home, [click here to sign-up for a free account](#). Each lesson contains a video and a packet that consists of the Baltimore Catechism questions and lesson activities. To skip ahead a lesson, advance the lesson video to play the last second or two, then answer “yes” to all the quiz questions. The following interview check-off list indicates which OLRFC lesson to view and study for each piece of the required theology. Please note that the Cardinal Virtues, Holy Days of Obligation, and the Divine Mercy Chaplet are not explained in the videos. For these and all elements please refer to this notebook when preparing for your interview.

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Theology Check-off List

Encounter	THEOLOGY	OLR LESSON #	DATE ACHIEVED
First Encounter, Jesus Faithful Servant	Required Paperwork -registration packet (online registration form, adult photo release -available online, consent form, COVID form, Safe Environment Opt-out), baptismal and First Communion certificates, read confirmation sponsor requirements, read confirmation saint name requirements and resources, confirmation sponsor and saint name proposal, and confirmation sponsor report, example parish sponsor form (only needed if sponsor is a member of another parish), this notebook, and any other artifacts that will help you demonstrate your readiness.	n/a	
	75% on Quizlet or Kahoot Exam for Encounter 1	n/a	
	Apostles Creed	1	
	Glory Be	1	
	Prayer	1	
	Prayer from the Heart	1	
	Sign of the Cross	1	
	Hail Mary	1	
	Mercy Definition	2	
	Our Father	2	
	Ten Commandments	29*	
	Holy Days of Obligation	35, 36	
	Precepts	35, 36	

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Encounter	THEOLOGY	OLR LESSON #	DATE ACHIEVED
	Nicene Creed - What does consubstantial mean?	3	
	Sin Definition	6*	
	Types of Sin	6*	
	Vices/7 Deadly Sins	5 & 6*	
Second Encounter, Jesus Proclaiming Truth	Required Paperwork – any past due paperwork, this notebook and any other artifacts that will help you demonstrate your readiness.	n/a	
	75% on Quizlet or Kahoot Exam for Encounter 2	n/a	
	Rosary Mysteries	7	
	The Church the People of God	7	
	Gifts of the Holy Spirit Come Holy Spirit Prayer	9 (more detail in lesson 16)	
	Cardinal Virtues	10* (add to lesson, not in video)	
	Define actual grace	10*	
	Define sanctifying grace	10*	
	Grace	10*	
	Theological Virtues	10*	
	Virtues Definition	10*	
	Nicene Creed - Who founded the Church?	11	
	Nicene Creed - What does One, Holy, Catholic, Apostolic Church mean?	12	

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Encounter	THEOLOGY	OLR LESSON #	DATE ACHIEVED
	Sacraments	13	
	Beatitudes	16	
	Fruits of the Holy Spirit	16	
	Act of Contrition	18*	
	Corporal and Spiritual Works of Mercy	19*	
Third Encounter, Jesus Triumphant Sacrifice	Required Paperwork - A letter to the bishop, the saint report, this notebook, and any other artifacts that will help you demonstrate your readiness.	n/a	
	75% on Quizlet or Kahoot Exam for Encounter 3	n/a	
	Covenants	24	
	Chaplet of Divine Mercy	27	
	5 Steps of Lectio Divina	28*	
	Bible Basics	28*	
	Prayer from the heart	28*	
	Confirmation <ol style="list-style-type: none"> 1. Why do you want to be confirmed? 2. What is your mission after confirmation? 3. What does the sacrament of confirmation mean to you? 4. What is the difference between an apostle and a disciple? 5. Why did you choose your confirmation saint? What are their virtues? 6. Why did you choose your sponsor? 	15	
	First Eucharist <ol style="list-style-type: none"> 1. Tell me about the story of the Passover and the Exodus from Egypt? 2. How is that related to the Last Supper? 	22 & 23	

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Encounter	THEOLOGY	OLR LESSON #	DATE ACHIEVED
	<ol style="list-style-type: none">3. How is that related to the Mass?4. What is the Eucharist?5. What are the bread and wine transformed into?6. Why is receiving the Eucharist important?7. What do you believe the Eucharist is?8. What are the two main parts of the Mass?9. What do we do in the first part of Mass?10. What do we do in the second part of Mass?11. Why do you want to receive Jesus in the Eucharist?12. What do you hope receiving the Eucharist will do for you?13. Tell me about an experience of prayer that you have had while preparing for this sacrament.14. What should we do after receiving Jesus in Holy Communion?		

*Included in the 1st Reconciliation Curriculum, revisited for review in the Confirmation and First Eucharist Class. If a confirmation candidate needs to also receive the sacrament of 1st Reconciliation, the student and their family should either study the lessons from the 1st Reconciliation notebook that are not included in confirmation, or attend the 1st Reconciliation class first (it is held at the same time as the confirmation class).

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Weekly Practice of My Faith *in Class* Progress Reports

The following progress report will be used to guide student's classroom behaviors and demonstrate the progress that they are making towards incorporating the practice of their faith into their everyday actions.

Beatitude - Blessed are those who hunger and thirst for righteousness (I desire not to offend God or others, and want to do what is right) ✠ <i>I arrive on time, find my seat, begin the starter activity, pray with the class</i>
Cardinal Virtue of Temperance (I am in control of my behavior) ✠ <i>I raise my hand when I have a question,</i> ✠ <i>I stay seated unless instructed to do otherwise</i> ✠ <i>Cleanup after snack</i>
Cardinal Virtue of Justice (I give God and neighbor what they deserve) ✠ <i>I treat the teacher and my classmates respectfully</i>
Cardinal Virtue of Prudence (I choose to do good) ✠ <i>I talk at appropriate times</i>
Sacrament of Holy Orders (I recognize Christ's representative on Earth) ✠ <i>I stand up, am respectful, and attentive when an ordained Priest or Deacon visits class</i>
First Commandment – I am the Lord your God, you shall not have strange gods before me; Gift of the Holy Spirit – Fear of the Lord/ Awe/Wonder; Theological virtues of Faith, Hope, and Charity (I love God, am in awe of him and show it by honoring him) ✠ <i>In Church - I enter and leave quietly; I listen in prayer, I genuflect/sit/kneel/stand as instructed I am respectful of church property Pray or sing out loud as instructed</i>
Beatitude of Being Merciful and Beatitude of Being a Peacemaker (as part of God's family, I want to be more like him) ✠ <i>If I am upset with a classmate, I will pray for them and ask God to help me make peace with them</i>
Fourth Commandment – Honor your Father and Mother (my behavior shows I desire what Ephesians 6 promises about following this command: "that it may go well with you and that you may have a long life on earth.") ✠ <i>At the end of class, I will help to clean up my area and the class Participate in the closing prayer I leave quietly and respectfully when dismissed by the teacher</i>
The mission of St. Scholastica - We, St. Scholastica Catholic Parish, follow Jesus Christ and His Church in obedience to His command: "Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the holy Spirit, teaching them to observe all that I have commanded you." (Mt 28:19) Grounded in the eternal love of the Most Holy Trinity, we evangelize the people of Erie Colorado, revealing the Kingdom of God on earth as it is in heaven! ✠ <i>This week I will share what I have learned in class with my family, my friends, and my community!</i>

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Weekly Practice of My Faith *at Home* Progress Reports

Students and their families will use will the following report to measure how they are progressing in practicing their faith at home. This training will help your child understand that just as in academics, the arts, or sports, mastery of faith requires practice. The difference is the rewards are eternal for them and the whole family!

Cardinal Virtues of Faith, Hope, and Love

(To help you build a relationship with God the Father, Jesus, The Holy Spirit, Mary, The Saints, Angels, and your family)

✚ This week my family prayed the following prayers together (circle or highlight number of times):

- ✚ *Sign of the Cross* - 1x, 2x, 3x, 4x, 5x, 6x, 7x
- ✚ *Hail Mary* - 1x, 2x, 3x, 4x, 5x, 6x, 7x
- ✚ *Our Father* - 1x, 2x, 3x, 4x, 5x, 6x, 7x
- ✚ *Glory Be* - 1x, 2x, 3x, 4x, 5x, 6x, 7x
- ✚ *Act of Contrition* - 1x, 2x, 3x, 4x, 5x, 6x, 7x
- ✚ *Come Holy Spirit Prayer* - 1x, 2x, 3x, 4x, 5x, 6x, 7x
- ✚ *Apostles Creed* - 1x, 2x, 3x, 4x, 5x, 6x, 7x

✚ This week I either planned for or took part in an activity to live-out my faith in my home, I saved a memento from this in the back of my confirmation notebook to share with the class and Father during my Encounter interview. Suggested activities include: pray the rosary as a family, pray morning or evening prayer as a family, participate in a at-home stations of the cross or Marian procession, watch and discuss a theologically based video from formed.org, celebrate the birthday of your patron saint, read and discuss a bible story or teaching from the catechism, study confirmation materials together, etc.

Third Commandment – Remember to keep Holy the Lord’s Day

✚ My family and I attended mass on Sunday (circle one): 4pm Sat, 8:30am Sun, 11:30am Sun, 5:30 pm Sun OR Other Parish Name and Time: _____

Sacrament of Confirmation

- ✚ I have submitted all the required paperwork for confirmation, and if applicable baptism
- ✚ I have made sure that I am signed up for Flocknote and am receiving the confirmation class messages, I have signed up for the confirmation class quizlet, and am prepared to take both the quizlet and kahoot challenges
- ✚ I have scheduled two meeting times to meet with Father Rob and demonstrate what I’ve learned about and how I’ve practiced my faith (parent’s please note that the first meeting is usually an ice-breaker as most students have never met with a priest before and are a bit nervous. So, please schedule at least two meeting times).
- ✚ I have listened to the foundations of my faith stories , completed any activities, and taken the quizlet and kahoot challenges for the week. I have discussed what I have learned with my family.

The mission of St. Scholastica - We, St. Scholastica Catholic Parish, follow Jesus Christ and His Church in obedience to His command: “Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the holy Spirit, teaching them to observe all that I have commanded you.” (Mt 28:19) Grounded in the eternal love of the Most Holy Trinity, we evangelize the people of Erie Colorado, revealing the Kingdom of God on earth as it is in heaven!

✚ This week I will share what I have learned in class with my family, my friends, and my community!

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Interview Expectations

To both ensure that virtual meetings and in-person meeting are the best encounter possible, and that students internalize the meaning of the sacrament of holy orders (they are meeting with Christ's representative), please consider the following interview preparation suggestions:

1. Schedule your appointment in advance
2. Complete the weekly progress report activities regularly
3. Practice with the online quizzes and flashcards
4. Review and discuss materials from the notebook, mass, and other ways that you encounter Christ
5. Conduct a practice interview in your home
6. Contact Mrs. Morrow if you would either like her help understanding a concept or for her to conduct a practice interview with you.

For virtual interviews:

1. Set up a quiet place in your home with good lighting to eliminate distractions for the virtual interview,
2. Ensure that your child is able to remain stationary during the interview
3. Put other activities aside

Virtual Classroom Expectations

In the event that the class meets virtually, to ensure that class time is focused on learning, students will be reminded that the virtual classroom is a real classroom. It is a formal setting, and virtuous behaviors are expected both in the chat box, on the microphone, and on video feeds. This provides them with both an opportunity to demonstrate that they understand virtue, and to practice for other school settings that they are a part of. Additionally, the class may be recorded for several purposes including: absent student viewing, student review, or to publish a presentation to the parish website. Please follow the guidelines listed above for virtual interviews. This will help ensure that video productions capture the best of both your child and your home. Your support is greatly appreciated.

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Study Materials for Encounters

Encounter One - Jesus, Faithful Servant

Prayers

Sign of The Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Our Father

Our Father, who art in Heaven; hallowed by Thy name;
Thy kingdom come; Thy will be done on earth as it is in Heaven.
Give us this day our daily bread;
and forgive us our trespasses as we forgive those who trespass against us,
and lead us not into temptation; but deliver us from evil. Amen

Hail Mary

Hail Mary, full of grace, the Lord is with you.
Blessed art thou among women and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen

Glory Be

Glory be to the Father, to the Son and to the Holy Spirit. As it was in the beginning is now and ever shall be, world without end, Amen.

Theology

Apostle's Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son Our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into Hell; the third day He rose again from the dead; He ascended into Heaven, and sits at the right hand of God, the Father almighty; from there He shall come to judge the living

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and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

Mercy Definition

Mercy - The loving kindness, compassion, or forbearance shown to one who is less than perfect (e.g., the mercy of God to us sinners) (1422, 1829). See Works of Mercy.

The Ten Commandments

Exodus 20:2–17, or
Deuteronomy 5:6–21, or
A Traditional Catechetical Formula

1. I am the LORD your God: you shall not have strange gods before me.
2. You shall not take the name of the LORD your God in vain.
3. Remember to keep holy the LORD'S Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

Precepts of the Church

1. "You shall attend Mass on Sundays and on holy days of obligation and rest from servile labor"
2. You shall confess your sins at least once a year.
3. You shall receive the sacrament of the Eucharist at least once during the Easter season
4. You shall observe the days of fasting and abstinence established by the Church

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5. You shall help to provide for the needs of the Church

Holy Days of Obligation

January 1: Solemnity of Mary the Mother of God,
(forty days after Easter) The Solemnity of the Ascension of Our Lord
August 15: Solemnity of the Assumption of the Blessed Virgin,
November 1: Solemnity of All Saints,
December 8: Solemnity of the Immaculate Conception,
December 25: Solemnity of the Nativity of Our Lord Jesus Christ

Sin

Sin is a deliberate thought, word, deed, or omission contrary to the Eternal Law, Natural Law and/or Divine Law. Sin happens when I offend God or the reason, truth, and right conscience that He has created in me.

Types of Sin

Mortal Sin – in order for an action to be a mortal it must meet the following three criteria: (1) you must know it's a sin and very serious (such as: a violation of the 10 Commandments, sins that cry out to God), (2) you must plan or take time to think about doing it, (3) you do it.

Venial Sin – an action which violates or weakens our love for God and/or others and makes it harder for us to practice virtue or good behavior.

7 Deadly Sins also known as Vices

Vices are bad behaviors that lead to other sins. They include pride, avarice (greed), envy, wrath, lust, gluttony, and sloth or acedia.

Nicene Creed - Consubstantial Definition

Consubstantial - God, Jesus, and the Holy Spirit are of the same substance – God.

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Encounter Two - Jesus, Proclaiming Truth

Prayers

Come Holy Spirit

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love.
Send forth your Spirit and they shall be created.
And You shall renew the face of the earth.

O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful,
grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations,
Through Christ Our Lord. Amen.

Act of Contrition

O my God, I am heartily sorry for having offended You. I detest all my sins because I dread the loss of Heaven and the pains of Hell, but most of all because they offend You, my God, Who are all good and deserving of all my love. I firmly resolve, with the help of Your grace, to confess my sins, to do penance, and to amend my life. Amen.

The Roman Missal:(Third Typical Edition, p. 527)

Rosary Mysteries

Please note, you will not be asked to memorize these. We will pray them in class so that you become familiar with the stories of Jesus' and Mary's life, how much they love God and love us, and how we can imitate them.

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<p>The Joyful Mysteries</p> <ol style="list-style-type: none">1. The Annunciation2. The Visitation3. The Nativity4. The Presentation5. The Finding of Jesus in the Temple	<p>The Sorrowful Mysteries_</p> <ol style="list-style-type: none">1. The Agony in the Garden2. The Scourging at the Pillar3. The Crowning With Thorns4. The Carrying of the Cross5. The Crucifixion
<p>The Mysteries of Light</p> <ol style="list-style-type: none">1. The Baptism of Jesus in the River Jordan2. The Wedding Feast at Cana3. The Proclamation of the Kingdom of God4. The Transfiguration of Jesus5. The Institution of the Eucharist	<p>The Glorious Mysteries_</p> <ol style="list-style-type: none">1. The Resurrection2. The Ascension3. The Coming of the Holy Spirit4. The Assumption of Mary5. The Coronation of Mary

Sacraments

The seven outward signs of an inward grace

Sacraments of Initiation: Sacraments – Baptism, Confirmation, Eucharist

Sacraments of Healing: Penance or Reconciliation, Anointing of the Sick

Sacraments of Communion: Holy Orders, Matrimony

The Church the People of God

When we are baptized, we are adopted by God and become part of the “Mystical Body of Christ.” We share in Christ’s role of:

Priest – Sacrificing for others (Jesus, Triumphant Sacrifice)

Prophet – Proclaiming God’s word to others (Jesus, Proclaiming Truth)

King – Serving Others (Jesus, Faithful Servant)

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Grace

Grace - Grace is The Divine Life in Our Soul, the free and undeserved gift that God gives us to respond to our vocation to become his adopted children

Sanctifying Grace - The divine life in our soul that enables us to live with God and to act by his love.

Actual Grace - The help God gives us to conform our life to his will

Virtues

Virtue is a habitual and firm disposition to do good (good behavior).

Theological Virtues:

Faith, Hope, and Charity

Cardinal Virtues:

prudence, justice, fortitude, and temperance.

Gifts of the Holy Spirit

Permanent dispositions that we receive at baptism, and then are strengthened at confirmation.

They include seven gifts of the Spirit is derived from Isaiah 11:1–3: wisdom, understanding, knowledge, counsel, piety, fortitude, and fear of the Lord (1830).

Nicene Creed

Be able to discuss what is meant by “one holy, Catholic, and apostolic Church.” Also, you should know that to fulfill the Father’s will, Jesus Christ founded the Catholic Church, naming Saint Peter as its first Pope.

Mercy and Works of Mercy

Mercy - The loving kindness, compassion, or forbearance shown to one who is less than perfect (e.g., the mercy of God to us sinners) (1422, 1829). See Works of Mercy.

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Works of Mercy - Charitable actions by which we come to the aid of our neighbors in their bodily and spiritual necessities

Corporal Works of Mercy	Spiritual Works of Mercy
<ol style="list-style-type: none">1. Bury the dead.2. Clothe the naked3. Feed the hungry.4. Give drink to the thirsty5. Shelter the homeless6. Visit the imprisoned7. Visit the sick.	<ol style="list-style-type: none">8. Admonish the sinner.9. Bear wrongs patiently10. Comfort the sorrowful11. Counsel the doubtful12. Forgive all injuries13. Instruct the ignorant14. Pray for the living and the dead

Beatitudes

Matthew 5:3-12

1. Blessed are the poor in spirit, for theirs is the kingdom of heaven.
2. Blessed are they who mourn, for they will be comforted.
3. Blessed are the meek, for they will inherit the land.
4. Blessed are they who hunger and thirst for righteousness, for they will be satisfied.
5. Blessed are the merciful, for they will be shown mercy.
6. Blessed are the clean of heart, for they will see God.
7. Blessed are the peacemakers, for they will be called children of God.
8. Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.
9. Blessed are you when they insult you and persecute you and utter every kind of evil against you [falsely] because of me. Rejoice and be glad, for your reward will be great in Heaven. Thus, they persecuted the prophets who were before you.

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Fruits of the Holy Spirit

The fruits of the Spirit are perfections that the Holy Spirit forms in us as the first fruits of eternal glory. The tradition of the Church lists twelve of them: “charity, chastity, faithfulness, generosity, gentleness, goodness, joy, kindness, modesty, patience, peace, self-control.”¹¹² (736)

Encounter Three - Jesus, Triumphant Sacrifice

Divine Mercy Chaplet

You will need to know what the chaplet is and why Jesus gave it to us.

Nicene Creed

Students do not need to memorize but should know that it is recited each Solemnity/Sunday mass and be able to discuss its meaning, specifically, what is meant by “one holy, Catholic, and apostolic Church” and consubstantial (God, Jesus, and the Holy Spirit are of the same substance – God). Also, you should know that to fulfill the Father’s will, Jesus Christ founded the Catholic Church, naming Saint Peter as its first Pope.

Prayer from the Heart

Prayer from the Heart – the lifting up of your heart and mind to God in praise of his glory (see Catechism of the Catholic Church, glossary).

Bible

1. The name of the two testaments: old and new
2. The names of the four gospel writers: Matthew, Mark, Luke, and John
3. Define covenant – a bond between God and human beings, or between human beings that is created with an exchange of words and ritual actions. The vows of the commitment mean that you must live and fulfill the promises that you have made. Involves an exchange of words and persons as opposed to a contract which involves an exchange of words and goods.
4. Finding Passages – how do you find a passage in the bible?

5 Steps of Lectio Divina

According to Pope Benedict XVI in the post-synodal Apostolic Exhortation, [*Verbum Domini*](#) (nos. 86-87), *lectio divina* is broken down into the following steps named in Latin:

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1. *Lectio* (reading),
2. *Meditatio* (meditation),
3. *Oratio* (prayer),
4. and *Contemplatio* (contemplation).
5. Then, as a result of the encounter with God in Scripture, we are also called to *Actio* (action).

Each of these steps together form a process by which we encounter God in his sacred word and respond to his grace. They form parts of a larger whole, but each one comes with a certain set of skills for us to master (from <https://www.thereligionteacher.com/lectio-divina-steps/>

Confirmation

1. Why do you want to be confirmed?
2. What is your mission after confirmation?
3. What does the sacrament of confirmation mean to you?
4. What is the difference between an apostle and a disciple?
5. Who is your confirmation saint, and why did you choose this particular confirmation saint?
6. What are their virtues?
7. Who is your confirmation sponsor, and why did you choose this particular confirmation sponsor?

First Eucharist

1. Tell me about the story of the Passover and the Exodus from Egypt?
2. How is that related to the Last Supper?
3. How is that related to the Mass?
4. What is the Eucharist?
5. What are the bread and wine transformed into?
6. Why is receiving the Eucharist important?
7. What do you believe the Eucharist is?
8. What are the two main parts of the Mass?
9. What do we do in the first part of Mass?
10. What do we do in the second part of Mass?
11. Why do you want to receive Jesus in the Eucharist?
12. What do you hope receiving the Eucharist will do for you?
13. Tell me about an experience of prayer that you have had while preparing for this sacrament.
14. What should we do after receiving Jesus in Holy Communion?

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Required Paperwork

Encounter One - Jesus, Faithful Servant

Registration Forms due 8/26/23

The required registration forms are found on the parish website, and include the online registration form, adult photo release, consent form, COVID form, and the Safe Environment Opt-out.

Baptismal and First Eucharist Certificates, due 11/29/23

(If not already in the parish office)

Confirmation Sponsor Requirements, read by 9/30/23, due in office by 11/29/23 (see page 23)

One part of the preparation for this Divine Encounter is the requirement of a Confirmation Sponsor – someone who guides and directs your faith journey. The choice of a confirmation sponsor is a two-step process.

Step 1 – Parents help confirmand selects someone who meets the listed requirements and submit a proposal to the Pastor (see page 23).

Step 2 - the Pastor reviews your proposal and either approves the choice or asks you to find someone else.

The following are the minimum requirements to be a Sponsor for the Sacrament of Confirmation:

1. The Sponsor must be an active practicing Catholic which means that the Sponsor:
 - a. Be at least 16 years old and preferably not one of your parents
 - b. Attends Mass on Sundays and on holy days of obligation and rests from servile labor
 - c. Confess his/her sins at least once a year.
 - d. Receives the sacrament of the Eucharist at least during the Easter season
 - e. Observes the days of fasting and abstinence established by the Church
 - f. Helps to provide for the needs of the Church (CCC 2042-3)
 - g. Has received the Sacraments of Baptism and Confirmation, and is currently able to receive the sacrament of Eucharist and Reconciliation
 - h. If the sponsor is married, then they must have been married in the Catholic Church or had their wedding blessed in the Catholic Church - NO EXCEPTIONS.

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- i. The sponsor needs to be someone other than a parent

When you are selecting a sponsor, a few things to keep in mind would be:

1. Is this person a living model of Catholic faith? Do you admire their relationship with you, the church and God?
2. How has this person prayed for you, given you spiritual support, guidance or encouragement?
3. Will this person give of his/her time and share their spiritual gifts with you?

Parents, being chosen as a Confirmation Sponsor is a great honor that comes with great responsibility. You, as the parent, are encouraged to help select a Sponsor that you trust and know that this person will always be there for your child on their faith journey from Earth to Heaven.

Resources for finding Sponsors:

1. Your baptismal Godparent
2. Your own family (an aunt, uncle, cousin, grandparent, etc.)
3. Your parish family (someone that you know is a faithful parishioner, that you see taking active part in Church)
4. Your community (a friend or leader in the community who may belong to another parish)

Requirements and Resources for Choosing a Saint, read by 9/30/23, due 11/29/23 (see page 23)

Choosing a Saint:

During the Confirmation ceremony, the Bishop addresses each candidate by their "Confirmation Saints Name". This may be your existing baptismal name if this is the name of a saint. Most candidates choose a new Confirmation Saint name, this also must be the name of a saint. The important thing is that you know something about the saint, develop a relationship with the saint, and pray to that saint for help and guidance. As a result, they will become your best friend!

Resources:

formed.org

Web Resources:

patron saint index, www.catholic.org saints & angels information www.americancatholic.org patron saint database, www.catholic.org/saints/sofd.php Saint of the Day, Catholicsaints.info Saints by Calendar date and category, <http://saintsnamegenerator.com/index.php> Catholic Saints generated randomly to help familiarize you with other unknown saints Saint Video Series, Benzinger's Lives of the Saints Foxes' Book of Martyrs <http://www.sacred-texts.com/chr/martyrs/fox101.htm>

The church library has several great books and videos depicting the lives of various saints!

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Confirmation Sponsor and Saint Name Proposal, due by 11/29/23

1. Candidate Name:
2. Proposed Saint Name:
3. Name and Date of Birth of proposed Sponsor:
4. Name of Church where the proposed Sponsor is a parishioner:
5. Address of proposed Sponsor:
6. Phone # of proposed Sponsor:
7. Email of the proposed Sponsor:
8. Relationship to Candidate for Confirmation:
9. As far as I am aware, the confirmation sponsor meets the minimum requirements (circle one):

Yes No

Approved by: _____ Date: _____

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Confirmation Sponsor Report, due by 11/29/23

Please complete the following information about your choice of your confirmation sponsor. Two to three sentences per question are adequate.

1. What made you, the candidate, decide to ask this person to be your sponsor?

2. What qualities in this person do you feel will help you on your faith journey?

3. Describe the daily prayer life of the proposed sponsor?

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Example Confirmation Sponsor Form, due by 11/29/23

(only required when sponsor attends a different parish, that parish will provide)

Date _____

Dear Father Robert Wedow Pastor at St. Scholastica Catholic Church in Erie Colorado,

My parishioner _____ has been asked to be a
Name of Sponsor

Sponsor for the Confirmation of _____.
Candidate for Confirmation

I, _____, certify that:
Pastor

Sponsor :

_____ Is a parishioner in good standing at my parish and actively practices the faith.

_____ Is at least 16 years old

_____ Has received the sacraments of Initiation: Baptism, Confirmation and Eucharist.

_____ Follows the "Precepts of the Church" (Catechism of Catholic Church, Second Edition, Part Three, Section One, Chapter Three, Article 3, II. 2042-3)

_____ Is the parishioner married? Yes No

If yes, are they married according to the norms of the Catholic Church? Yes No

Parish Pastor Signature

Date

Parish Seal

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Encounter Three - Jesus, Triumphant Sacrifice

Letter to Bishop due by 3/6/24

In class, students will write a letter to the Bishop explaining why they want to be confirmed. If they do not make class on that day, please explain in 3-4 sentences why you would like to be confirmed.

Saint Report due by 4/23/24

In class, students will prepare a video about their saint for the virtual Saint Fair, at-home students can either submit a video, a poster, or a report

Resources for completing the report:

formed.org

Web Resources www.catholic-forum.com patron saint index , www.catholic.org saints & angels, information www.americancatholic.org patron saint database, www.catholic.org/saints/sofd.php Saint of the Day, Catholicsaints.info Saints by Calendar date and category, <http://saintsnamegenerator.com/index.php> Catholic Saints generated randomly, [Saint Video Series](#), [Benzinger's Lives of the Saints](#) , <https://www.sacred-texts.com/chr/martyrs/fox101.htm> Foxes' Book of Martry

Additionally, the church library has several great books and videos depicting the lives of various saints!

Project Description:

You child should gather the information to present about their saint to the virtual saint fair. Ideas include:

1. General Information: Name, Birthday, Feast Day, where they were from, are they a patron saint and if so, who do they represent.
2. Some background information: such as what are some of the things they are known for or important events in their lives.
3. A Picture: A Picture of the Saint.
4. Quotation:
5. Interesting Facts: some interesting facts about the saint
6. Prayer: a specific prayer either for the Saint's intercession or written by the saint.
7. How does this Saint inspire you: An explanation of why you chose this saint and how this saint may pertain to your life, things about the saint that you found to be inspirational to you?

For the video, students can use props such as a poster, book, musical instruments, and items that represent their saint. If you are completing this at home, please send a video of your child presenting their Saint's information to the teacher so that it can be added to the fair.

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Appendix

Archdiocese of Denver Confirmation and First Eucharist Sacramental Objectives Cross Reference

AOD Objective	Potential questions	Theology	OLR Lesson#
1. Know the connection between Passover/Exodus and the Last Supper.	2. Tell me about the story of the Passover and the Exodus from Egypt? 3. How is that related to the Last Supper? 4. How is that related to the Mass?	Covenants	24
1. Know the teaching of Jesus' real presence in the Eucharist: body, blood, soul, and divinity of Jesus. Know the Eucharist is truly the body, blood, soul, and divinity of Jesus.	What is the Eucharist? What are the bread and wine transformed into? Why is receiving the Eucharist important?	Practice of my Faith at Home	22
2. Know that the Mass is made up of the Liturgy of the Word and the Liturgy of the Eucharist.	1. What are the two main parts of the Mass? 2. What do we do in the first part of Mass? 3. What do we do in the second part of Mass?	Practice of my Faith at Home	23
3. Should express belief in the teaching of the real presence of Christ in the Eucharist.	1. What do you believe the Eucharist is? 2. Do you believe Jesus is truly present in the Eucharist? 3. What does that mean for you?	Precepts Holy Days of Obligation	35, 36
4. Should desire to build a relationship with Jesus Christ.	1. How does receiving the Eucharist help you grow in your relationship with Jesus?	Prayer from the heart	22 & 23

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AOD Objective	Potential questions	Theology	OLR Lesson#
5. Should have experience with Mass and desire to participate fully in it.	<ol style="list-style-type: none"> 1. Why do you want to receive Jesus in the Eucharist? 2. What do you hope receiving the Eucharist will do for you? 3. Tell me about an experience of prayer that you have had while preparing for this sacrament. 	Apostles Creed Nicene Creed What does One, Holy, Catholic, Apostolic Church mean? Who founded the Church?	1 24 12 11
6. Know how to have prayer with Jesus after receiving Holy Communion; how to have a heart-to-heart conversation with Jesus.	<ol style="list-style-type: none"> 1. What should we do after receiving Jesus in Holy Communion? 	Grace Define sanctifying grace Define actual grace	10
7. Know what a sacrament is.	<ol style="list-style-type: none"> 1. What is a sacrament? 2. Why do we receive sacraments? 	Sacraments	13
8. Have an awareness of Baptism and our true identity in Jesus Christ.	<ol style="list-style-type: none"> 1. What happens to a soul when a person is baptized? 3. Whose life do we receive in baptism? 	The Church the People of God What does consubstantial mean?	7 3
9. Know that we receive the Holy Spirit in Baptism and are strengthened through Confirmation.	<ol style="list-style-type: none"> 1. What does the Holy Spirit have to do with Baptism and Confirmation? 2. When do we receive the Holy Spirit for the first time? 3. Where do we get strengthened by the Holy Spirit? 4. What are we strengthened for? 	Confirmation Why do you want to be confirmed? What is your mission after confirmation? What does the sacrament of confirmation mean to you? What is the difference between an apostle and a disciple? Why did you choose your	15

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AOD Objective	Potential questions	Theology	OLR Lesson#
		confirmation saint? What are their virtues? Why did you choose your sponsor?	
10. Should have a sense of prayer and a need for God.	<ol style="list-style-type: none"> Why is it important to pray? What does it mean to you to pray to the Father? To the Son? To the Holy Spirit? 	Prayer Prayer from the heart Chaplet of Divine Mercy Sign of the Cross Hail Mary Glory Be Our Father Rosary Mysteries	28 28 27 (added) 27 1 5 1 2
11. Should desire to build a relationship with Jesus Christ.	<ol style="list-style-type: none"> Do you want Jesus to be in your life? Why? How is Jesus calling you, like the disciples, to share your faith with others (at home, school, friends, etc.)? 	Beatitudes Virtues Definition Theological Virtues Cardinal Virtues Mercy Definition Corporal and Spiritual Works of Mercy	16 10 10 10 (added) 2 19
12. Know the 7 gifts of the Holy Spirit.	<ol style="list-style-type: none"> What are the seven gifts of the Holy Spirit? What do the gifts help to do? Who do they help us to know? 	Gifts of the Holy Spirit Fruits of the Holy Spirit Come Holy Spirit Prayer	9 16 16 (added)
13. Know that we need to be faithful to God's commandments.	<ol style="list-style-type: none"> Why is it important to follow God's Commandments? 	Ten Commandments Sin Definition Types of Sin Vices/7 Deadly Sins Act of Contrition	29 6 6 6 18

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AOD Objective	Potential questions	Theology	OLR Lesson#
14. Should have experience with lectio Divina.	<ol style="list-style-type: none">1. Tell me about an experience in prayer and/or reading of2. Scripture that you have had while preparing for this sacrament.3. How have you gotten to know God better while preparing for this sacrament?	Bible Basics 5 Steps of Lectio Divina	28 (added) 28 (added)