### Confirmation Sponsor Report

Please complete the following information about your choice of your confirmation sponsor. Two to three sentences per question are adequate.

1. What made you, the candidate, decide to ask this person to be your sponsor?
2. What qualities in this person do you feel will help you on your faith journey?
3. Describe the daily prayer life of the proposed sponsor?

### Confirmation Sponsor Requirements (To guide your choice)

One part of the preparation for this Divine Encounter is the requirement of a Confirmation Sponsor – someone who guides and directs your faith journey. The choice of a confirmation sponsor is a two-step process.

**Step 1** – Parents help confirmand selects someone who meets the listed requirements and submit a proposal to the Pastor

**Step 2** - the Pastor reviews your proposal and either approves the choice or asks you to find someone else.

**The following are the minimum requirements to be a Sponsor for the Sacrament of Confirmation:**

1. The Sponsor must be an active practicing Catholic which means that the Sponsor:
   1. Be at least 16 years old and preferably not one of your parents
   2. Attends Mass on Sundays and on holy days of obligation and rests from servile labor
   3. Confess his/her sins at least once a year.
   4. Receives the sacrament of the Eucharist at least during the Easter season
   5. Observes the days of fasting and abstinence established by the Church
   6. Helps to provide for the needs of the Church (CCC 2042-3)
   7. Has received the Sacraments of Baptism and Confirmation, and is currently able to receive the sacrament of Eucharist and Reconciliation
   8. If the sponsor is married, then they must have been married in the Catholic Church or had their wedding blessed in the Catholic Church - NO EXCEPTIONS.
   9. The sponsor needs to be someone other than a parent

**When you are selecting a sponsor, a few things to keep in mind would be:**

1. Is this person a living model of Catholic faith? Do you admire their relationship with you, the church and God?
2. How has this person prayed for you, given you spiritual support, guidance or encouragement?
3. Will this person give of his/her time and share their spiritual gifts with you?

Parents, being chosen as a Confirmation Sponsor is a great honor that comes with great responsibility. You, as the parent, are encouraged to help select a Sponsor that you trust and know that this person will always be there for your child on their faith journey from Earth to Heaven.

***Resources for finding Sponsors:***

1. Your baptismal Godparent
2. Your own family (an aunt, uncle, cousin, grandparent, etc.)
3. Your parish family (someone that you know is a faithful parishioner, that you see taking active part in Church)
4. Your community (a friend or leader in the community who may belong to another parish)